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# Alpha-Synuclein Aggregation, Cholesterol Transport, and the 18-kDa Translocator Protein

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## Abstract

The molecular responses to counteract diseases, including insulting conditions such as injury and pathogen infection, involve coordinated modulation of gene expression programs. The association of alpha synuclein ( $\alpha$ -Syn) with several progressive disorders has focused the research on its induced conformational behavior as critical for uncovering the “secrets” for progression of  $\alpha$ -synucleinopathies. Cholesterol is one of the lipid components crucial for regular proliferation of the nervous tissue. Its interaction with  $\alpha$ -Syn may offer other insights to  $\alpha$ -Syn normal expression. Discovering that the molecular regulatory mechanisms responsible for prevention of  $\alpha$ -Syn aggregation may be manifested through microRNA (miRNA) regulated gene expression is also crucial for widening the perception of neuropathology. The 18-kDa translocator protein (TSPO) localized on the outer mitochondrial membrane is able to regulate various cellular and tissue functions, with key role as cholesterol transporter for neurosteroid synthesis. TSPO up-regulation, has been connected to several diseases, including cancer, neuronal damage, and inflammation. Connection may also be established between TSPO expression and fatty acid oxidation, thus unveiling new possibilities in the research of  $\alpha$ -Syn overexpression. However, expression of TSPO in the neuroinflammatory environment is probably the best starting point for targeting TSPO as a suitable therapeutic target.

**Keywords:** alpha synuclein, lipid interaction, inflammation, oxidative stress, TSPO ligands

## 1. Synucleins family—new insights and prospects

Synucleins are a family of small and soluble proteins expressed mostly in neural tissue and cancer cells. Existing findings have identified three members of this family:  $\alpha$ ,  $\beta$ , and  $\gamma$ —synucleins ( $\alpha$ -Syn,  $\beta$ -Syn, and  $\gamma$ -Syn, respectively). Rather than unveiling their physiological properties and functions in normal brain tissue, the synucleins are mostly exploited as biomarkers for neurodegenerative diseases since the discovery of their involvement in proteinaceous aggregation in patients with Alzheimer’s disease (AD) [1]. In the following years, synucleins have been linked with other neuronal disorders increasing the interest of elucidating their connection with these diseases.

$\alpha$ -Synucleinopathies are severe neurodegenerative disorders caused by abnormal accumulation and subsequent aggregation of insoluble  $\alpha$ -Syn, a small and

intrinsically unfolded cytosolic protein localized at synaptic terminals, in structures called Lewy bodies (LBs) in neuronal or glial cells [2, 3]. Establishing its involvement in synaptic maintenance, mitochondrial homeostasis, and neurotransmitter release regulation,  $\alpha$ -Syn impaired function is considered as a direct cause for several progressive disorders such as Parkinson's disease (PD), dementia with Lewy bodies (DLB), and multiple system atrophy (MSA). Other rare diseases, mainly associated with neuroaxonal dystrophy have also shown  $\alpha$ -Syn pathologies [4].

Despite early discovery of  $\alpha$ -Syn as a product of SNCA gene whose dysfunction was considered as the primary cause for PD development [5], excessive research has been carried out in order to fully disclose the reasons for  $\alpha$ -Syn aggregation. In the following years, nine other genes such as PARK, PINK, and LRRK involved in PD pathology were discovered [6–8], but so far missense mutations and multiplication of  $\alpha$ -Syn-encoding gene are considered as the most often causation of familial form of PD [9]. Intensive research is mainly focused on discovering the effects of fibrillization, oligomerization, and misfolding of this protein as well as developing a suitable methods for its quantification in biological fluid enabling early diagnosis of PD [10–12]. Efforts are also being made to elucidate the participation of other molecules in the  $\alpha$ -Syn altered dynamics. Namely, Abeyawardhane et al. reported the contribution of oxygen and redox active iron in conformational change and oligomerization of  $\alpha$ -Syn, which can be useful in understanding the mechanisms of its physiological and/or pathological role [13]. The strong ability of  $\alpha$ -Syn to form complexes with other biomolecules such as lipid moieties and cholesterol has also been reported. This capability is due to the presence of the repeats of lipo-protein-like hexamer sequence (KTKEGV) in synucleins, which may reveal other approaches for the diagnosis and therapy of neurodegenerative diseases [14, 15].

Furthermore, it has been shown that this protein was also expressed in erythroid precursors, megakaryocytes, and platelets [16, 17].  $\alpha$ -Syn is assumed to participate in negative regulation of calcium dependent  $\alpha$ -granule release, thus implying that its presence is crucial for normal development and functioning of platelets [18, 19]. Relevant to this context, platelets have immense diagnostic value for neurocognitive diseases since several studies reported the significantly decreased levels of amyloid  $\beta$  protein precursor (A $\beta$ PP) and mean platelet volume (MPV) in AD patients [20, 21]. Further supporting the concept, the presence of  $\alpha$ -Syn in platelets impacts MPV level through the SCNA gene expression, whereas its concentration remains unaltered in patients with cognitive impairment [19]. However,  $\alpha$ -Syn concentration in plasma supernatant is considered as a significant marker for the quality of single donor platelet samples during storage time [22].

$\beta$ -synuclein ( $\beta$ -Syn) although somewhat smaller protein than  $\alpha$ -Syn is also localized in presynaptic terminals, secreted and expressed in similar levels [23]. Early research concerning  $\beta$ -Syn properties and function suggests that this protein, even though 78% identical to  $\alpha$ -Syn, is not present in LBs, and therefore, it is not directly involved in neurodegenerative and neurocognitive pathology. The main “advantage” of  $\beta$ -Syn against the induced changing of its conformation is the absence of nonamyloid  $\beta$  component (NAC) domain in its structure. Hence,  $\beta$ -Syn can significantly reduce the initiation of self-assembly and aggregation of  $\alpha$ -Syn since it lacks this highly hydrophobic domain, which may prove beneficial against abnormal accumulation of  $\alpha$ -Syn, thus preventing neurodegeneration [24, 25].

Several studies have shown the natural antagonism between the two molecules providing the mechanisms for inhibition of  $\alpha$ -Syn aggregation both *in vivo* and *in vitro* [26, 27]. Janowska et al. reported that  $\beta$ -Syn-mediated inhibition of  $\alpha$ -Syn aggregation occurs by direct interaction between the molecules at specific sites. This ultimately results in the formation of heterodimers further implying that balance between the specificity and affinity of  $\alpha$ -Syn/ $\beta$ -Syn interactions is crucial

for maintaining favorable reduction rates of  $\alpha$ -Syn aggregation [28]. A study by Brown et al. also suggested that  $\beta$ -Syn molecules can only inhibit the nucleation of lipid bound and fibril forms of  $\alpha$ -Syn aggregates by competitive binding to the surface of vesicles prepared from the phospholipid 1,2-dimyristoyl-sn-glycero-3-phospho-L-serine (DMPS), and this inhibition is pH dependent. In addition, they confirmed that  $\beta$ -Syn has no effect on elongation of  $\alpha$ -Syn aggregates [29]. It seems that further research is needed in order to highlight the exact mechanism and conditions in which  $\beta$ -Syn prevents the aggregation of  $\alpha$ -Syn, therefore enabling its use as antiparkinsonian agent.

$\gamma$ -Synuclein ( $\gamma$ -Syn) has been identified in various human tissues, and its expression is significantly upregulated in ovary, liver, and cervical cancer, with specific overexpression in breast cancer linked with tumor development and promoting of cancer metastasis through demethylation of CpG islands and activation of insulin-like growth factor pathway [30–32]. Similar to  $\beta$ -Syn,  $\gamma$ -Syn is also naturally found in peripheral neurons, and it has not been directly correlated with pathology of neurocognitive diseases, although differences have been reported in its expression [33]. Beside the existence of  $\gamma$ -Syn in nervous and malignant tissue, studies also reported its presence in the skin particularly in *stratum granulosum* where it could be included in modulation of keratin [34]. This synuclein member is also found in retinal ganglion cells (RGCs) where its decreased expression was first correlated with the development of glaucoma [35]. Later, research indicates that  $\gamma$ -Syn downregulates kinases involved in activation of pro-apoptotic signaling pathways in RGCs, therefore playing a key regulatory role in progression of this disease [36]. The protective mechanism of  $\gamma$ -Syn antibodies in neuroretinal cells against oxidative stress by increasing the viability and altering their apoptosis rate has also been reported [37].

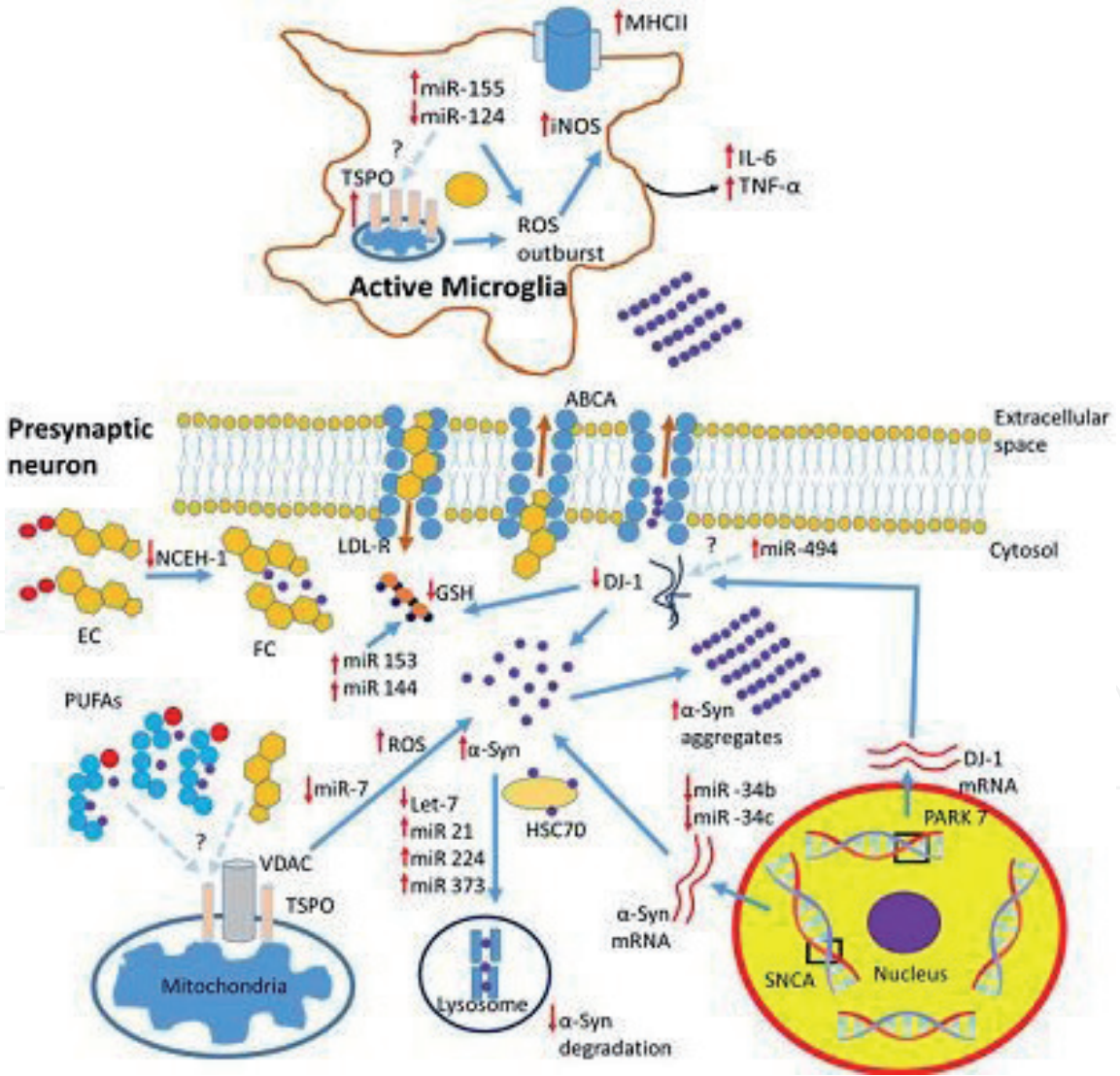
## 2. Regulation of $\alpha$ -synuclein expression

Because of the genetic background of  $\alpha$ -synucleinopathies, research must also be focused toward discovering the exact molecules and mechanisms for posttranscriptional and epigenetic regulation of SNCA gene. Up to this point, it is established that not only changes in the gene sequence (multiplications, missense mutations, and single nucleotide polymorphisms) but also activation of certain transcriptional factors and RNAs may affect  $\alpha$ -Syn regular expression [38]. MicroRNAs (MiRNAs) are small non-coding RNA molecules encoded as independent genomic transcription units predominantly engaged as regulators of protein expression mostly through inhibition of mRNA translation or cleavage [39, 40]. Ever since their discovery, miRNA dysregulation is correlated with the pathogenesis of numerous diseases and disorders such as cancer, diabetes, nonalcoholic fatty liver disease (NAFLD), neurological and cardiovascular diseases (CVD) [41, 42]. As mentioned earlier, the main causes for PD development are mutations in genes resulting in a  $\alpha$ -Syn overexpression and modification, so it is highly possible that PD progression and/or inhibition can be managed by alteration of certain miRNAs. So far, it has been confirmed that they can affect several signaling pathways involved in PD development, therefore enabling their use as biomarkers or alternative therapy for PD, as well as other types of dementia.

Because the oligomerization and fibrillation of  $\alpha$ -Syn is primarily associated with increased production of reactive oxygen species (ROS) and subsequent mitochondrial dysfunction in neuronal cells, research has been conducted in order to identify the key miRNAs involved in regulation of brain mitochondrial function [43]. Namely, several studies have reported the down regulatory effects



of miR-34b and miR-34c on the expression of protein deglycase DJ-1, involved in  $\alpha$ -Syn degradation via chaperone-mediated autophagy (CMA), thus preventing the ROS outburst from complex I or other constituents from the electron transport chain (ETC) [44–46]. Recent publication by De Miranda et al. also marked the DJ-1 as an essential for maintaining the integrity of dopaminergic neurons which is accomplished by reduction of nitrosative stress and suppression of rotenone-induced inflammatory response, thus highlighting its value as potential therapeutic target [47]. Furthermore, it was also elucidated that decrease of miR-34 b/c levels in neuronal cells leads to the loss of mitochondrial potential and reduction of ATP production. Accordingly, the depletion of these miRNAs directly contributes for decreased levels of DJ-1 in brains from PD, with a direct binding to the 3'-untranslated region (3'-UTR) of their mRNAs which proves their neuroprotective role [46]. Additionally, miR-4639 and miR-494 were identified in the list of potential inhibitors of DJ-1 expression, suggesting the measurement of their levels in human plasma as prognostic biomarkers of PD [48, 49] (**Figure 1**).



**Figure 1.** Summary of signaling pathways involved in  $\alpha$ -Syn aggregation and potential connection of 18-kDa translocator protein (TSPO) with neurodegeneration and neuroinflammatory response. Abbreviations: alpha synuclein ( $\alpha$ -Syn), low density lipoprotein receptor (LDL-R), esterified cholesterol (EC), free cholesterol (FC), polyunsaturated fatty acids (PUFAs), heat shock cognate 71-kDa protein (hsc70), interleukin 6 (IL-6), tumor necrosis factor alpha (TNF $\alpha$ ), neutral cholesterol ester hydrolase (NCEH-1), 18-kDa translocator protein (TSPO), major histocompatibility complex class II protein (MHC II), and ATP-binding cassette subfamily A (ABCA).

Similarly to the effects of miR-34 b/c, it was confirmed that miR-7 also plays a key role in  $\alpha$ -Syn repression by directly binding to the 3'-UTR sequence of its mRNA in different experimental models such as SH-SY5Y cells, HEK293T cells, primary neurons, and pancreatic islets [50–52]. Moreover, Junn et al. discovered the protective role of miR-7 against hydrogen peroxide-mediated cell injury in cells expressing mutant A53T form of  $\alpha$ -Syn [51]. The effects of MiR-7 on cell death reduction in experimentally induced PD symptomatology by various neurotoxins such as MPTP (1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine) and its active metabolite MPP<sup>+</sup> (1-methyl-4-phenylpyridinium) was reported as well [53]. A recent study indicated that miR-7 can also achieve its protective role by regulating the expression of the voltage dependent anionic channel (VDAC) in the outer mitochondrial membrane (OMM), thereby preventing MPP<sup>+</sup>-induced cellular damage [54]. Since VDAC is crucial part of mitochondrial permeability transition pore, its function is primarily associated with maintaining the polarization of OMM and balancing ROS production. Research has confirmed that VDAC overexpression can increase free radical generation and cause the release of pro-apoptotic proteins ultimately promoting mitochondrial swelling which inevitably triggers  $\alpha$ -Syn aggregation [55]. The discovery that cells producing A53T had swollen mitochondria puts VDAC in the list of key molecules involved in progression of  $\alpha$ -synucleinopathies [56]. Overall, it can be concluded that miR-7 optimal expression is directly “responsible” for regular neural development, and future research should be focused on finding suitable vectors in order to include this molecule in gene therapy for neurodegenerative diseases.

As indicated earlier, cellular mechanisms for  $\alpha$ -Syn degradation such as CMA can also be affected by miRNAs. Studies revealed that the increase of miR-21, miR-224, and miR-373 levels leads to suppression of heat shock cognate 71-kDa protein (hsc70) which impairs  $\alpha$ -Syn degradation via CMA [57]. Moreover, Shamsuzzama et al. reported that Let-7 miRNA knockdown might influence CMA by modulating gene expression and enhancing ROS production in *C. elegans* [58].

MiRNAs have also been connected with pathways related to synthesis and expression of enzymatic and nonenzymatic radical scavengers within brain cells effectively “delaying” any genetic aberrations and expression  $\alpha$ -Syn mutant forms. These are included in regulation of nuclear factor erythroid 2-related factor 2-antioxidant response element (Nrf2-ARE), which is also one of the reasons for PD progression [59]. Narasimhan et al. observed that the overexpression of miR-153, miR-27a, miR-142-5p, and miR-144 weakened the antioxidant response in SH-SY5Y cells through decreasing the activity glutathione reductase (GSR) with impact on GSH/GSSG homeostasis [60].

Progression of PD due to  $\alpha$ -Syn aggregation results in brain inflammatory response as primary defensive mechanism against neurodegeneration achieved through microglial cells. This process is mainly associated with activation of several components in the inflammatory cascade such as interleukins, members of the complement system, and receptors or enzymes whose expression is essential for proper immune defense [61, 62]. Neuroinflammation can also be aggravated by dietary components such as artificial sweeteners who additionally enhance dopamine degeneration and gravity of the immune response [63]. Discovery of miRNAs highlighted the possibilities of regulating the intensity and severity of the immune response against  $\alpha$ -Syn-mediated inflammation. Specifically, Thome et al. reported the pro-inflammatory effects of miR-155 in brain microglia against  $\alpha$ -Syn fibrils manifested through elevation of inducible nitric oxide synthase (iNOS) and major histocompatibility complex class II proteins (MHCII) expression, thus keeping the integrity of dopamine neurons [64]. A recent study confirmed that miR-124 could suppress microglial activation by regulating the expression of inflammatory cytokines [65] (**Figure 1**).

Because of the complexity of brain inflammatory response, it is necessary to extend the research for other molecules that might be included in its mediation. The number of studies has suggested the 18 kDa mitochondrial translocator protein (TSPO) as potential biomarker for neurodegenerative disorders [66, 67]. This protein is included in cholesterol transport into the mitochondria where it serves as a substrate for neurosteroid biosynthesis [68]. As previously reported that brain injury increases TSPO binding affinity for its ligand PK11195 [69, 70], the connection between TSPO expression and  $\alpha$ -synucleinopathies has not been sufficiently explained [71]. Namely, it was reported that TSPO exhibited increased striatal PK11195 binding potential in patients with PD and DLB, but its expression remained unaltered compared to healthy controls [72, 73]. Regarding neuroinflammation, TSPO overexpression is also associated with activation of microglia/macrophages, revealing yet another unexplored role of this receptor [74]. There is also overwhelming evidence that TSPO ligands and agonists possess neuroprotective properties, but so far little is known about the precise functions of TSPO itself in brain cells [75, 76]. Overall, it seems that further research is needed in order to elucidate the regulatory mechanism of miRNAs in neuroinflammation and the possible correlation with TSPO.

## 2.1 $\alpha$ -Synuclein, lipid homeostasis, and TSPO

As mentioned earlier,  $\alpha$ -Syn possesses intriguing and still not fully characterized affinity of interacting with fatty acids, cholesterol and phospholipids, and other cell lipid molecules. This implies that high levels of polyunsaturated fatty acids (PUFAs) normally present in healthy brain tissue, which not only increase its membrane fluidity and permeability but also serve as energy sources and second messengers, could be one of the reasons for  $\alpha$ -Syn increased expression in the nervous system [77]. Further *in vivo* investigation, revealed that  $\alpha$ -Syn overexpression in patients with  $\alpha$ -synucleinopathies caused an increase of PUFA levels without alteration on saturated and monounsaturated fatty acid composition [78]. The decline in n-6/n-3 ratio during aging, increased lipid peroxidation and decreased brain volume, are between main factors promoting neurodegenerative disorder. Following this assumption, many studies proved that the enhanced multimerization and interaction of this protein with PUFAs, particularly with arachidonic and docosahexaenoic acid, result in the formation and aggregation of insoluble high-molecular complexes in LBs, which might unveil new insights into PD diagnostics [79, 80]. Based on the aforementioned findings, research should be focused on discovering whether  $\alpha$ -Syn/PUFA interactions could be a sufficient proof of the alleged scavenging activity of  $\alpha$ -Syn in experimental models of PD. So far, results based on spectrometric analysis confirm that PUFA interacts solely with  $\alpha$ -helical secondary structure of  $\alpha$ -Syn in optimal protein/PUFA ratio, which strongly suggests that  $\alpha$ -Syn may prevent the initiation of lipid peroxidation given the high autoxidation rates of PUFAs [81]. Researchers have also reported the regulatory role of  $\alpha$ -Syn of other lipid molecules such as triacylglycerols and cholesteryl esters, considering their increased conversion to lipid droplets in  $\alpha$ -Syn expressing cells due to the modulating activity of lipid metabolizing enzymes, such as acyl-CoA synthase [82, 83].

Other important biomarkers for neurodegenerative disorders are the phospholipase D (PLD) isoforms which are crucial enzymes mostly involved in cytoskeleton structure and cellular signaling processes in the brain. More recent studies reported that inflammation caused by oxidative stress triggers PLD signaling as part of the synaptic response in neurodegeneration indirectly insinuating a connection



between PLD and  $\alpha$ -Syn overexpression [84, 85]. Conde et al. has confirmed this connection by proving that this protein acts as an inhibitor of PLD1 in WT  $\alpha$ -Syn neurons [86].

Cholesterol is also one of the lipid components which homeostasis is crucial for regular proliferation of the nervous tissue, if properly regulated. It acts as an integral membrane component, improving its structure and function. As mentioned earlier, studies have already established the interaction between  $\alpha$ -Syn and cholesterol, indirectly making a correlation between cholesterol levels and  $\alpha$ -Syn normal expression [15]. In a study by Hsiao et al.,  $\alpha$ -Syn was described as mediator of cholesterol efflux from SK-N-SH neuronal cells enabled by an ATP-binding cassette subfamily A (ABCA1) [87]. In accordance with these discoveries, the possible neuroprotective role of enzymes included in “cellular capturing and release” of cholesterol such as *neutral cholesterol ester hydrolase (NCEH)* or *Acyl Co-A:cholesterol acyltransferase (ACAT)* was also investigated. Namely, Zhang et al. discovered that *NCEH-1* knockdown increases the aggregation of  $\alpha$ -Syn and dopamine neural damage in *C. elegans*, while inhibition of ACAT gave the opposite effect. Moreover, they confirmed the previous hypothesis concerning normal cholesterol levels and  $\alpha$ -Syn expression, further implying that this relation is also a highly important factor for triggering the neuroprotective role of *NCEH-1*. Finally, these authors suggested that exogenous cholesterol does not have beneficial effects against neural degeneration [88].

Taking into account that TSPO is also involved in alterations of cytosolic cholesterol levels, there is also a possibility for its involvement in modulation of  $\alpha$ -Syn aggregation rates. Connection has also been established between TSPO binding capacity and ROS levels, which are as mentioned earlier one of the reasons for PD development [89, 90]. In accordance with these findings, Gatliff et al. reported that SH-SY5H cells exhibited enhanced ROS production after TSPO overexpression establishing connection between TSPO, VDAC, and  $\text{Ca}^{2+}$  homeostasis [91]. On the other hand, it is also suggested that TSPO expression is inversely correlated with fatty oxidation rates in steroidogenic cells [92], which may be a plausible starting point in discovering whether TSPO has the same effect in neurons and if so, could altered expression of TSPO prove beneficial against neurodegenerative disorders considering the  $\alpha$ -Syn interactions with PUFAs and cholesterol (**Figure 1**).

### 3. Conclusions

A systematic research in the last two decades highlights the precise mechanisms and pathways for regulation of  $\alpha$ -Syn expression and aggregation, involved in neuropathologies. Success has also been made in demonstrating the possible therapeutic values of miRNAs, receptors, and other bioactive molecules with specific intentions for their inclusion in modern therapy for dementias. Future research should be focused on discovering the proposed beneficial actions of the interactions between lipids and  $\alpha$ -Syn with particular interest in the potential involvement of TSPO in cholesterol homeostasis of the neural cells (**Figure 1**).

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## Abbreviations and symbols

$\alpha$ -Syn	alpha synuclein
$\beta$ -Syn	beta synuclein
$\gamma$ -Syn	gamma synuclein
NAC	non-amyloid- $\beta$ component
SNCA	alpha synuclein gene
PINK	PTEN-induced kinase
PD	Parkinson's disease
AD	Alzheimer's disease
DLB	dementia with Lewy Bodies
LBs	Lewy Bodies
A $\beta$ PP	amyloid $\beta$ protein precursor
MPV	mean platelet volume
RGCs	retinal ganglion cells
DMPS	1,2-dimyristoyl-sn-glycero-3-phospho-L-serine
NAFLD	nonalcoholic fatty liver disease
CVD	cardiovascular disease
UTR	untranslated region
A53T	mutant form of alpha synuclein
VDAC	voltage dependent anionic channel
OMM	outer mitochondrial membrane
ROS	reactive oxygen species
CMA	chaperone-mediated autophagy
hsc70	heat shock cognate 71-kDa protein
Nrf2-ARE	erythroid 2-related factor 2-antioxidant response element
DJ-1	protein deglycase DJ-1
iNOS	inducible nitric oxide synthase
MHCII	major histocompatibility complex class II proteins
TSPO	18-kDa translocator protein
PK11195	1-(2-chlorophenyl)-N-methyl-N-(1-methylpropyl)-3-isoquinoline-carboxamide
PUFAs	polyunsaturated fatty acids
PLD	phospholipase D
NCEH-1	neutral cholesterol ester hydrolase
ACAT	acyl Co-A:cholesterol acyltransferase
MPTP	1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine
MPP <sup>+</sup>	1-methyl-4-phenylpyridinium

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