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Anti-Inflammatory Actions of the Anticoagulant, Activated Protein C

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1. Introduction

Protein C is a vitamin K-dependent zymogen, discovered in 1976 in bovine plasma (Stenflo, 1976). It is derived from the human PROC gene on chromosome 2 (2q13-q14) which contains 9 exons (Rezaie, 1993). Post-translational modifications include β -hydroxylation at Asp71, N-linked glycosylation at residues 97, 248, 313 and 329 and γ -carboxylation of 9 glutamic acid residues which forms the Gla domain at the amino terminus. Human protein C is 62kD protein and consists of 419 amino acids. The four major moieties that make up the protein C molecule are a Gla domain, two epidermal growth factor (EGF)- like regions, a small activation peptide, and an active serine protease domain (Griffin, 2005). Mature 62 000 Da human protein C is cleaved by a furin-like endoprotease that releases Lys156–Arg157 before secretion from liver cells. Protein C is activated on the endothelial surface when thrombin binds to thrombomodulin and cleaves protein C's activation peptide. This conversion to activated protein C (APC) is augmented by endothelial cell protein C receptor (EPCR) (Fukudome & Esmon, 1994). Protein C circulates in plasma at 70 nM whereas APC is present in much lower concentrations (40 pM or ~ 2.3 ng/mL) (Gruber & Griffin, 1992).

APC was first recognized as an anticoagulant. In the presence of its cofactor, protein S, APC degrades the coagulation factors Va and VIIIa and inhibits thrombin generation. The light chain provides anticoagulant activity by having highly specific protein-protein interactions with factors Va and VIIIa followed by proteolytic inactivation of factor Va by cleavage at Arg (506) and Arg (306) and of factor VIIIa by cleavage at Arg (336) and Arg (562) (Zlokovic & Griffin, 2011). In addition, APC promotes fibrinolysis by binding to plasminogen activator inhibitor which prevents inhibition of plasminogen conversion to plasmin. The significance of APC as an anticoagulant is reflected by the findings that deficiencies in protein C result in severe familial disorders of thrombosis (Baker & Bick, 1999). Replenishment of protein C/APC in patients with systemic or local hypercoagulation can reverse the abnormality.

2. Anti-inflammatory and cytoprotective functions of APC

In addition to its anticoagulant activity, APC exerts a broad range of cytoprotective and anti-inflammatory actions described below.

2.1 Inflammation

Independent of its effect on coagulation, APC has potent anti-inflammatory properties (Joyce, 2001; Mosnier & Griffin, 2003) associated with a decrease in pro-inflammatory cytokines and a reduction of leukocyte recruitment. Joyce et al (Joyce, 2001) have shown that APC directly suppresses expression of p50 and p52 nuclear factor (NF)- κ B subunits in human umbilical vein endothelial cells. The NF- κ B pathway is important for the expression of a wide variety of inflammatory genes including tumor necrosis factor (TNF)- α and cell adhesion molecules that are associated with diseases ranging from inflammation to cancer (Li & Verma, 2002). Direct inhibition of NF- κ B is sufficient to block symptoms of many inflammatory diseases so these inhibitors have potential therapeutic value (Bell, 1915; Li & Verma, 2002; Calzado, 1914; Calzado, 2007). APC inhibits the expression and activation of NF- κ B in unstimulated and stimulated monocytes (White, 2000; Xue, 2007; Yuksel, 2002), keratinocytes (Xue, 2004), endothelial cells (Franscini, 2004). APC also suppresses inflammation in vivo by inhibition of NF- κ B (Cheng, 2006). In addition, APC has the ability to upregulate and activate matrix metalloproteinase (MMP)-2 (Nguyen, 2000; Xue, 2004), a MMP with anti-inflammatory properties (Itoh, 2002; McQuibban, 2002) and to suppress gelatinase B (Cheng, 2006; Xue, 2007), a MMP associated with many inflammatory conditions (Itoh, 2002; Ram, 2006). During acute inflammation, plasma APC levels are diminished (Liaw, 2004) and inflammatory cytokines such as interleukin (IL)-1 β and TNF- α , as well as endotoxin, can attenuate thrombomodulin and EPCR expression which further reduces the ability of endothelial cells to generate APC. Acute inflammation is exacerbated in mice genetically predisposed to a severe protein C deficiency (Lay, 2007).

APC also regulates the immuno/inflammatory response. Monocytes treated with APC decrease the release of tissue factor (Toltl, 2008), the pro-inflammatory cytokines TNF- α (Grey, 1994), IL-1 β , IL-6, and IL-8 (Stephenson, 2006). Additionally, APC induces the release of the anti-inflammatory cytokine IL-10 from monocytes (Toltl, 2008).

APC targets CD8⁺ dendritic cells to reduce the mortality of endotoxemia in mice (Kerschen, 2010). Expression of EPCR in mature murine immune cells is limited to a subset of CD8⁺ conventional dendritic cells. Adoptive transfer of splenic CD11c⁺iPDCA-1⁺ dendritic cells from wild-type mice into animals with hematopoietic EPCR deficiency restored the therapeutic efficacy of APC, whereas transfer of EPCR-deficient CD11c⁺ dendritic cells or wild-type CD11c⁺ dendritic cells depleted of EPCR⁺ cells did not. These data reveal an essential role for EPCR and PAR1 on hematopoietic cells, identify EPCR-expressing dendritic immune cells as a critical target of APC therapy, and document EPCR-independent anti-inflammatory effects of APC on innate immune cells.

2.2 Cell proliferation and apoptosis

APC induces growth of cultured human umbilical vein endothelial cells (HUVEC) (Uchiba, 2004). In smooth muscle cells, APC elicits an increase in [(3)H]-thymidine incorporation (Bretschneider, 2007) and enhances proliferation and migration of human skin keratinocytes (Xue, 2005). Consistent with the stimulatory effects on cell growth, APC displays strong anti-apoptotic properties. APC decreases sepsis-induced apoptosis resulting from increased p21 and p53 proteins in mice (Sakar, 2007) and modulates Bcl-2 and Bax and inhibits caspase-3 and -8 activity which results in inhibition of apoptosis in a number of cell types (Joyce, 2001). During hypoxic stress of brain endothelial cells, APC inhibits p53, reduces pro-apoptotic Bax and maintains levels of protective Bcl-2 protein, thereby preventing the

stimulation of the intrinsic apoptotic pathway (Cheng, 2003). In human skin keratinocytes, APC prevents cell apoptosis via inhibition of caspase-3 activation (Xue, 2004) and in podocytes, APC protects against glucose-induced apoptosis both in vitro and in vivo (Isermann, 2007). APC inhibits bisphosphonate-induced endothelial cell death via EPCR-induced inactivation of caspase-3 and NF- κ B, and also suggests that APC has the potential to be a therapeutic drug in various vascular diseases induced by endothelial cell damage (Seol, 2011).

2.3 Barrier stabilization

Endothelial cells normally form a dynamically regulated stable barrier at the blood-tissue interface, and breakdown of this barrier is a key pathogenic factor in inflammatory disorders, such as sepsis. APC boosts the barrier via at least two different mechanisms. First, APC enhances sphingosine-1-phosphate (S-1-P) production, which signals through its G-protein coupled receptor to stabilize the cytoskeleton and reduce endothelial permeability (Feistritzer & Riewald, 2005; Finigan, 2005). Second, APC utilizes the angiopoietin (Ang)/Tie2 axis to promote endothelial barrier function (Minhas, 2010). APC significantly up-regulates gene and protein expression of Tie2 and Ang1 in a dose (0.01-10 μ g/ml) and time (0.5 h – 24 h) dependent manner in HUVEC, whilst it markedly inhibits Ang2 with an IC₅₀ of \sim 0.1 μ g/ml. HUVEC permeability, measured using Evans blue dye transfer, is significantly reduced in the presence of APC and, in concordance, the tight junction associated protein, zona occludens (ZO)-1, is up regulated and localized peripherally around cells, compared to control. Smooth muscle cell migration towards APC-stimulated HUVEC is elevated compared to unstimulated cells. Blocking antibodies and small interfering (si) RNA treatment, compared to isotype or scrambled siRNA controls, show that APC requires three receptors, endothelial protein C receptor (EPCR), protease activated receptor (PAR)-1 and Tie2 to perform all these barrier stabilization functions (Minhas, 2010). We have shown that HUVEC produce protein C that acts through novel mediators to enhance their own functional integrity (Xue, 2010). When endogenous protein C or its receptor, EPCR, is suppressed by si RNA, HUVEC proliferation is decreased and apoptosis elevated. Interestingly, protein C or EPCR siRNA significantly increases HUVEC permeability, which occurs via a reduction of the Ang1/Ang2 ratio and inhibition of the peripheral localization of the tight junction protein, ZO-1. In addition, protein C or EPCR siRNA inhibits type IV collagen and MMP-2, providing the first evidence that protein C contributes to vascular basement membrane formation (Xue, 2010). Barrier stabilization is more effective when APC is derived endogenously and functions in an autocrine manner, than when the source of APC is exogenous (Feistritzer, 2006).

The barrier protective effect of APC is also relevant to epidermal keratinocytes (Xue, 2011). In response to APC, Tie2, a tyrosine kinase receptor, is rapidly activated within 30 minutes, and relocates to cell-cell contacts. APC also increases junction proteins ZO-1, claudin-1 and VE-cadherin. Inhibition of Tie2 by its peptide inhibitor or small interfering RNA abolished the barrier protective effect of APC (Xue, 2011).

3. APC cellular signalling

APC exerts its anti-inflammatory, cyto-protective and barrier stabilization effects by acting on receptors which initiates cellular signaling, as described below.

3.1 EPCR and PARs

Many of the cyto-protective actions of APC are mediated through EPCR, which itself is anti-inflammatory (Esmon, 2004). This receptor binds protein C and APC with similar affinity (Fukudome & Esmon, 1994), and protein C can be converted to APC whilst remaining bound to EPCR. EPCR is a type I transmembrane protein which shares homology with the major histocompatibility class 1/CD1 family of proteins involved in the immune response. EPCR was discovered on endothelial cells, however EPCR was subsequently found on some leukocytes (Esmon, 2004) and is strongly expressed by the basal layer of keratinocytes in skin epidermis as well as in cultured keratinocytes (Xue, 2005). Recent studies show that EPCR has important physiological functions. For example, over-expression of EPCR protects transgenic mice from endotoxin-induced injury (Li, 2005) and EPCR is essential for normal embryonic development as deletion of the EPCR gene in mice is lethal by embryonic day 10 (Gu, 2002).

Recently, EPCR has been identified as a marker of certain stem cells in mice (Balazs, 2006; Kent, 2009). EPCR is expressed at high levels within the bone marrow in hematopoietic stem cells (HSCs). Mouse bone marrow cells isolated on the basis of EPCR expression alone are highly enriched HSCs, showing levels of engraftment *in vivo* comparable to that of stem cells purified using the most effective conventional methods (Balazs, 2006). Moreover, they showed that hematopoietic stem cell activity is always associated with EPCR-expressing cells (Balazs, 2006). In addition, high EPCR-expressing cells are observed in basal-like tumours in breast cancer (Park, 2010).

EPCR does not mediate cell signalling, but acts as a homing receptor to allow APC to cleave PAR-1 (Riewald, 2002). The PARs are G-protein coupled receptors found on most cells. The four known PARs are activated via proteolytic cleavage by various proteases that results in an intra-molecular tethered ligand that triggers activation of a G protein and subsequent intracellular signalling (Coughlin, 2000). Thrombin activates PAR-1, PAR-3, and PAR-4, whereas other serine proteases, including APC (Riewald, 2002), but not thrombin, activate PAR-2. Subsequent functional activity of APC cleavage of PAR-2 is yet to be fully elucidated, although our experiments indicate that APC acts through PAR-2 to promote wound healing in mice (Julovi et al, personal communication). While the majority of reports cast PAR-2 as pro-inflammatory, others show that PAR-2 agonists are beneficial in several mouse models that involve inflammation or ischemia (Milia, 2002). Among the PARs, PAR-1 is most widely expressed and has been most extensively studied. APC bound to EPCR can activate PAR-1 and promote the anti-inflammatory and anti-apoptotic actions of APC (Riewald, 2002).

Both thrombin and APC can cleave PAR-1 at identical locations. Thrombin cleavage causes platelet activation, increases vascular permeability, activates NF- κ B and elevates inflammatory cytokines, all of which promote an inflammatory response. Unexpectedly, when APC cleaves PAR-1, its actions are directly opposite to that of thrombin. APC strongly inhibits vascular permeability, activation of NF- κ B, endothelial adhesion molecule expression, cytokine production and monocyte migration (Riewald, 2002). Studies using endothelial cells and other cell types show that when APC activates PAR-1 in an EPCR-dependent manner, it causes alterations in gene expression profiles and exerts direct anti-apoptotic effects (Guo, 2004; Joyce, 2001). However, compared to thrombin, APC is relatively inefficient and requires $\sim 10^4$ higher concentration (Kuliopulos, 1999) to cleave PAR-1. This has raised doubts about the possibility of APC having a physiological effect by

acting through PAR-1. Bae et al (Bae, 2007) have partially solved this issue by showing that APC cleaves PAR-1 on lipid rafts in endothelial cells. They subsequently identified a novel pathway whereby EPCR is associated with caveolin-1 in lipid rafts in endothelial cells (Bae, 2007). These discrete, cholesterol and sphingolipid enriched microdomains of the cell membrane provide a protective compartment for APC to act in isolation. When APC binds to EPCR in the lipid raft, caveolin-1 is replaced with PAR-1 which couples with the pertussis toxin sensitive Gi-protein to initiate a protective signalling pathway. In contrast, when thrombin cleaves PAR-1 outside the lipid raft signalling occurs via Gq and/or G12/13 which exert inflammatory effects. Interestingly, if EPCR is occupied on the lipid raft, even thrombin, can induce activation of the Gi protein and mimic the protective effects of APC (Bae, 2007).

3.2 Epidermal growth factor receptor (EGFR) and Tie2

In normal epidermis, EGFR is important for autocrine growth of this renewing tissue, suppression of terminal differentiation, promotion of cell survival, and regulation of cell migration during epidermal morphogenesis. In wounded skin, EGFR is momentarily up-

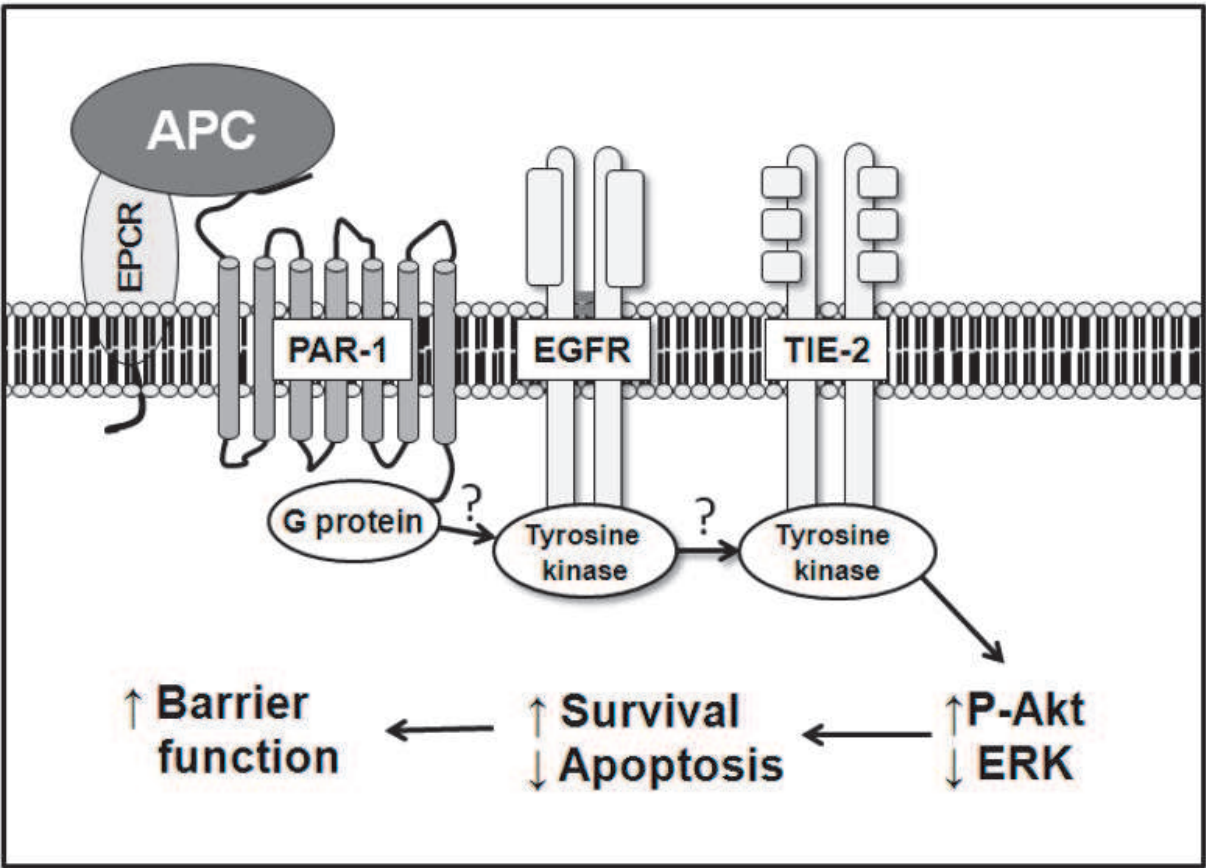


Fig. 1. Proposed signal pathway for APC’s protective role on barrier function in confluent keratinocytes. APC binds to EPCR which cleaves PAR-1. G protein transactivates EGFR which may further transactivate Tie2 receptor, although the mechanism of activation is unclear. This triple receptor action results in increased ZO-1 and phosphorylation of Akt via PI3K and inhibition of ERK, leading to an increase in keratinocyte survival and barrier function. From (Xue, 2011).

regulated and is a major contributor to the proliferative and migratory aspects of wound re-epithelialization. EGFR is able to regulate cell adhesion, expression of matrix degrading proteinases, and cell migration to provide a vital contribution to the migratory and invasive potential of keratinocytes (Hudson & McCawley, 1998). APC appears to act through EGFR to regulate lymphocyte migration (Feistritzer, 2006) and wound healing (Xue, 2007). When keratinocytes are stimulated with APC, the expression and phosphorylation of EGFR is markedly increased and conversely when cells are treated with protein C siRNA, the phosphorylated form of EGFR in cell lysates is inhibited by more than 50% (Xue, 2007). Using dual immunofluorescent staining, we found that both EPCR and activated EGFR are co-localized in basal and suprabasal keratinocytes in the epidermis, which is identical to protein C localization in skin epidermis (Xue, 2007). Furthermore, APC does not activate Tie2 through its major ligand, Ang-1, in keratinocytes, but instead acts by binding to EPCR, cleaving PAR-1 and trans-activating EGFR followed by transactivation of Tie2 (Figure 1). When activation of Akt, but not ERK, is inhibited, the barrier protective effect of APC on keratinocytes is abolished. Another report has indicated that, extracellularly, APC engages EPCR, PAR-1, and EGFR in order to increase the invasiveness of MDA-MB-231 cells (Gramling, 2010).

3.3 Other receptors

EPCR-independent signaling components of the APC pathway have been identified in monocytes. Apolipoprotein E receptor 2 (ApoER2) binding of APC results in phosphorylation of Dab1 and activation of the PI3K and Akt pathway resulting in decreased tissue factor release from monocytes (Yang, 2009). The efficacy of APC in murine endotoxemia is dependent on integrin CD11b. Genetic inactivation of CD11b, PAR1, or sphingosine kinase-1, but not EPCR, abolished the ability of APC to suppress the macrophage inflammatory response in vitro. Using a LPS-induced mouse model of lethal endotoxemia, Cao et al (Cao, 2010) showed that APC administration reduced the mortality of wild-type mice, but not CD11b-deficient mice.

Receptor	Significant Finding	Year	Reference
Tie2	APC increases angiopoietin to activate Tie2 in endothelial cells APC activates PAR-1 which transactivates Tie2 in keratinocytes	2010 2011	(Minhas, 2010) (Xue, 2011)
CD11b	APC acts through Cd11b in macrophages	2009	(Cao, 2010)
ApoER2	ApoER2 acts independent of EPCR and PAR-1 to phosphorylate Dab-1	2008	(Yang, 2009)
EGFR	APC phosphorylates EGFR in HUVEC	2005	(Montiel, 2005)
PAR-3	Prevention of neuronal cell apoptosis	2004	(Guo, 2004)
PAR-2	APC bound EPCR supports cleavage of PAR-2	2002	(Riewald, 2002)
EPCR/PAR-1	APC bound EPCR cleaves PAR-1 resulting in APCs effects	2002	(Riewald, 2002)

Table 1. Cell receptors that APC acts through to exert its anti-inflammatory and cytoprotective effects.

3.4 Intracellular signaling

The transcription factors, NF- κ B and the AP-1 complex, a transcriptionally active heterodimer of Fos and Jun proteins, regulate the expression of genes involved in immune and inflammatory responses. They play a pivotal role in the regulation of inflammation (Carmi & Razin, 2007). APC prevents activation of NF- κ B and AP-1 stimulated by LPS and endotoxin in human monocytes. The MAP kinase pathway is a prerequisite for growth factor stimulated mitogenesis in many cell types. Three major downstream MAP kinase cascades are mitogen- activated ERK1/2 and stress/cytokine-activated p38 and c-Jun N-terminal kinases. APC induces cell proliferation via activation of the ERK1/2 pathway in endothelial cells (Uchiba, 2004). Similarly, stimulation of smooth muscle cells with APC induces a synergistic effect on ERK-1/2 phosphorylation and DNA synthesis (Bretschneider, 2007). In human keratinocytes, blocking protein C expression or inhibiting its binding to EPCR/EGFR decreases the phosphorylation of ERK1/2 but increases p38 activation. Furthermore, inhibition of ERK completely abolishes APC's stimulatory effect on proliferation. These results indicate that keratinocyte-derived protein C promotes cell growth in an autocrine manner via EPCR, EGFR and activation of ERK1/2 (Xue, 2007). Furthermore, when activation of Akt, but not ERK, is inhibited, the barrier protective effect of APC on keratinocytes is abolished. Thus, APC activates Tie2, which selectively enhances the PI3K/Akt signalling to stimulate junctional complexes and reduce keratinocyte permeability (Xue, 2011).

4. APC in inflammatory disease

APC has therapeutic benefit in a number of other diseases, through its anticoagulant, anti-apoptotic, anti-inflammatory activities and positive effects on cell growth, migration and barrier stabilization, summarized in Figure 2. The following sections detail evidence for the potential beneficial effects of APC in a number of disorders associated with abnormal auto-immune/inflammatory responses.

4.1 Sepsis

Severe sepsis is a very serious condition characterized physiologically by an aberrant systemic inflammatory response and microvascular dysfunction. Low levels of endogenous protein C provokes endotoxic (Levi, 2003) and septic responses (Ganopoulosky & Castellino, 2004). In human sepsis, there is a reduction in circulating APC which appears to be due to both decreased levels of protein C, with protein C levels strongly inversely correlating with sepsis prognosis (Fisher, Jr. & Yan, 2000) and decreased activation of protein C to APC (Liaw, 2004). Evidence from the PROWESS and ENHANCE clinical trials suggests that administration of recombinant human APC (drotrecogin alfa) reduces mortality in a subset of patients with severe sepsis (Bernard, 2004; Bernard, 2001; Marti-Carvajal, 2003). It is indicated for use in patients with sepsis involving acute organ dysfunction who have a high risk of death. Two recent case reports provide evidence that APC may also be useful to treat multi-organ failure resulting from severe malaria (Kendrick, 2006; Srinivas, 2007). However, there is evidence that APC may cause bleeding in some patients, especially children and patients who have undergone recent surgery (Marti-Carvajal, 2007). The therapeutic effect and controversies of APC in severe sepsis has been extensively reviewed (Griffin, 2002; O'Brien, 2006; Short, 2006). Commercial preparations of recombinant APC (Xigris, Ely Lilly, Indianapolis) are readily available and FDA approved.

Endogenous APC signaling is critical to protection of mice from LPS-induced septic shock (Xu, 2009). Many mechanisms have been described, but the exact manner in which APC affects sepsis patients is unclear. Therapeutic APC can regulate neutrophil migration and extravasation by direct engagement of β_1 and β_3 integrins (Elphick, 2009), suppress macrophage activation dependent on integrin CD11b/CD18 (Kerschen, 2010), control maturation and activation of CD8⁺ DCs dependent on EPCR (Kerschen, 2010), and neutralize late-stage inflammatory mediators by degrading nuclear histones from apoptotic cells (Xu, 2009). A recent Cochrane review suggested that APC should not be used for treating patients with severe sepsis or septic shock and that APC is associated with a higher risk of bleeding (Marti-Carvajal, 2011). Unless additional RCTs provide evidence of a treatment effect, policy-makers, clinicians and academics have been advised not promote the use of APC (Marti-Carvajal, 2011). Nonetheless, new reports continue to show that patients with septic shock who were treated with APC had a reduced in-hospital mortality compared with those not treated with APC (Sadaka, 2011).

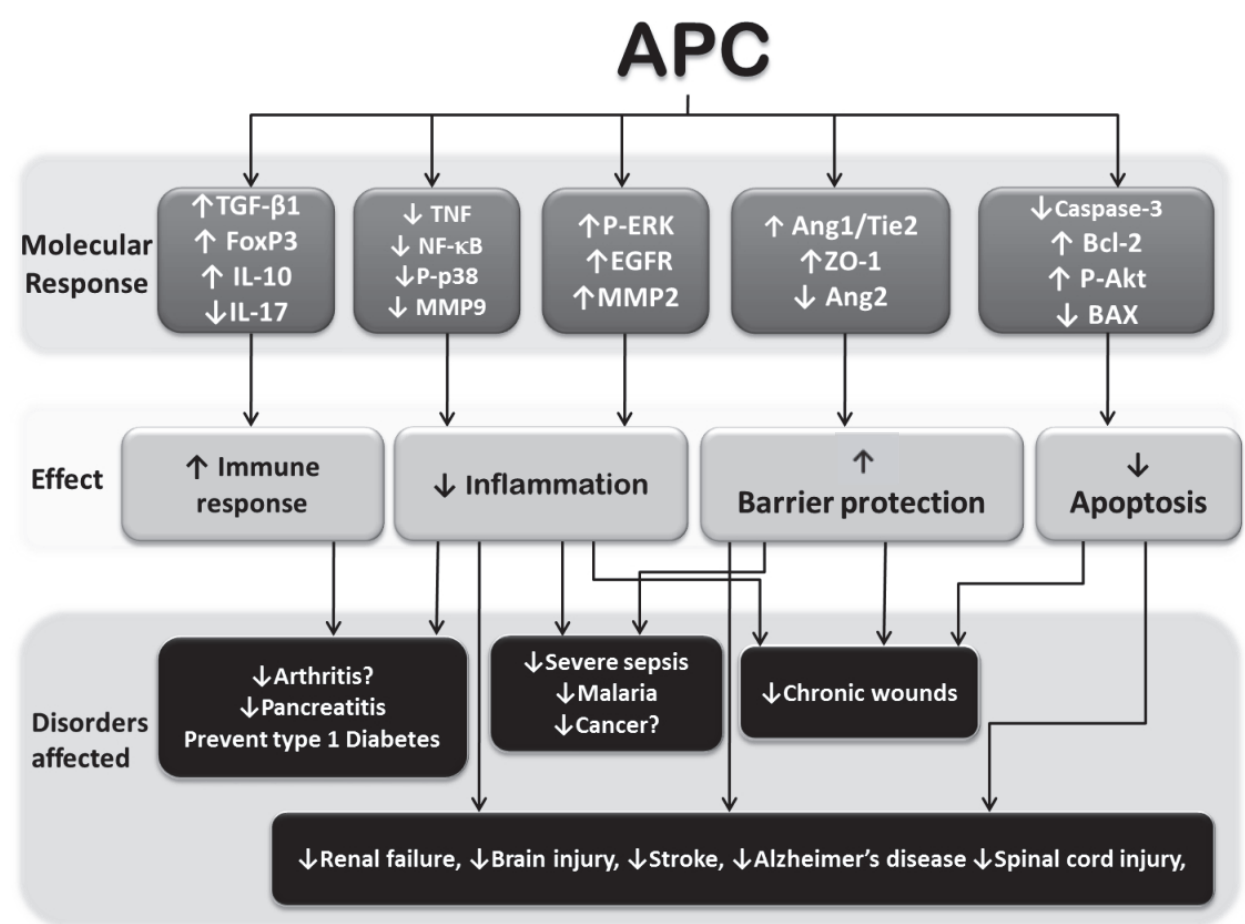


Fig. 2. The diverse biological effects of APC. APC exerts numerous molecular effects which lead to cellular responses which cause protective effects in a number of diseases. Ang= angiopoietin; EGFR= epidermal growth factor receptor; IL=interleukin; MMP=matrix metalloproteinase; TGF=transforming growth factor; TNF=tumour necrosis factor- α ; ZO=zona occludens; Bcl=B-cell lymphoma; BAX=Bcl-2-associated X protein.

4.2 Spinal cord injury (SCI)

SCI can be induced by a physical insult resulting in an inflammatory response that leads to tissue destruction and life-long disabilities. Therapeutic intervention in SCI is largely being directed at reducing or alleviating inflammation (Okajima, 2004). In rat models, the inflammatory response occurs due to infiltration by neutrophils and release of TNF- α (Taoka, 2000). Taoka et al (Taoka, 1997) demonstrated that a P-selectin mediated interaction between activated neutrophils and endothelial cells may be a critical step in endothelial cell damage leading to spinal cord injury in rats. These authors (Taoka, 1998) originally showed that rats subjected to compression-trauma induced SCI and treated with APC have a marked reduction in motor disturbances (Taoka, 1998), however, 12 years later this paper was retracted by the authors (2011). APC significantly reduces motor disturbances and micro-infarctions of the spinal cord in rats subjected to ischemia/reperfusion-induced SCI (Hirose, 2000). The increased tissue levels of TNF- α and neutrophils in the injured part of the spinal cord were significantly reduced in animals that received APC.

APC has direct neuroprotective effects, independent of its anticoagulant activity (Zlokovic, 2005). In a rabbit model of ischemic spinal cord injury, APC eases the functional deficits and increases the number of motor neurons (Yamauchi, 2006). Interestingly, APC induces insulin-like growth factor (IGF)-1, IGF-1 receptor and the downstream p-Akt which might partially explain the neuroprotective effects of APC after transient spinal cord ischemia in rabbit.

4.3 Brain injury and stroke

Elevated plasma protein C levels are linked to a lower incidence of ischemic stroke in humans (Folsom, 1999) and conversely, lower circulating APC levels are found in patients with post-infection ischemic stroke compared to the control subjects (Macko, 1996). These data imply that the protein C pathway may protect against stroke. In a murine model of focal cerebral ischemia, APC significantly improved cerebral blood flow in the ischemic hemisphere and markedly reduced the volume of brain injury caused by middle cerebral vein occlusion. These effects were dependent on EPCR and PAR-1 and seemingly independent of APC's anticoagulant effects (Fernandez, 2003; Guo, 2004; Shibata, 2001).

APC directly prevents apoptosis in hypoxic human brain endothelium through inhibition of p53, normalization of the pro-apoptotic Bax/Bcl-2 ratio, and reduction of caspase-3 signalling (Guo, 2004). APC's cytoprotection of endothelial cells *in vitro* requires EPCR and PAR-1 (Guo, 2004; Mosnier & Griffin, 2003). APC can also directly protect perturbed neurons from cell injury and apoptosis. *In vitro*, APC reduces apoptosis in mouse cortical neurons treated with N-methyl-D-aspartate (NMDA) and staurosporine (Guo, 2004). Interestingly, PAR-1 and PAR-3 are required for this effect. Intra-cerebral APC infusion dose-dependently reduces NMDA excitotoxic injury in mice (Guo, 2004). Overall, APC maintains the patency of ischemic vasculature by inhibiting hypoxia-induced endothelial cell apoptosis and also directly protects the integrity and functionality of the neuronal network.

Periventricular leukomalacia is the dominant form of brain injury in premature infants, characterized by white matter injury. The underlying pathogenic mechanisms include hypoperfusion, procoagulant activity, apoptotic cell death, microglial activation and inflammation associated with maternal and/or fetal infection (Genc, 2006). They hypothesized that APC, which modulates many of these processes, is a promising therapeutic agent for periventricular leukomalacia.

4.4 Alzheimer's disease

Alzheimer's disease is characterized by elevated levels of amyloid β peptide ($A\beta$) in the brain that are associated with neuronal and vascular toxicity and is the major cause of dementia with advancing age. Inflammation, $A\beta$ deposition in the brain parenchyma and vessels, blood-brain barrier dysfunction, oxidative stress, formation of advanced end glycation products and endothelial and neural cell death have all been implicated in the pathogenesis of Alzheimer's disease (Zlokovic, 2005). It has been proposed that APC could be useful in treating Alzheimer's disease, since it has anti-inflammatory, anti-oxidant, profibrinolytic, neurovascular protectant and pro-angiogenic properties (Genc, 2007). Furthermore, APC exerts anti-inflammatory and anti-apoptotic activities directly on endothelial and neural cells (Griffin, 2006). APC protects against neurovascular injury in experimental stroke models, protects endothelial barrier integrity and decreases fibrin deposition (Griffin, 2006). Similar to its anti-inflammatory effect on other cells, APC may inhibit the activation status of the microglia that plays a key role in neuroinflammation.

4.5 Acute kidney injury

In a rat model of endotoxemia, rat APC significantly improved peritubular capillary flow and reduced leukocyte adhesion and rolling, 3 hours after treatment with LPS (Gupta, 2007). After 24 hr, APC treatment significantly improved renal blood flow. In addition, APC modulated the renin-angiotensin system by reducing mRNA expression levels of angiotensin converting enzyme-1, angiotensinogen in the kidney (Gupta, 2007). Thus, APC can suppress LPS-induced acute renal failure by modulating factors involved in vascular inflammation.

Ischemia/reperfusion-induced renal injury is an important pathologic mechanism leading to acute renal failure (Thadhani, 1996). In a rat model, intravenous administration of APC markedly reduces ischemia/reperfusion -induced renal dysfunction and tubular necrosis, whereas heparin or inactive APC has no effect (Mizutani, 2000). Furthermore, APC significantly inhibited the ischemia/reperfusion -induced decrease in renal tissue blood flow, the increase in the vascular permeability, and renal levels of $TNF-\alpha$, IL-8, and myeloperoxidase. Leukocytopenia produced effects similar to those of APC. These findings strongly suggested that APC has a protective effect against ischemia/reperfusion-induced renal injury by inhibiting activation of leukocytes rather than inhibiting coagulation (Okajima, 2004). Recently, Iseman et al (Iseman, 2007) have shown that APC protects against diabetic nephropathy by inhibiting endothelial and podocyte apoptosis. In a rat model of sepsis by cecal ligation and puncture (CLP), treatment with APC significantly inhibited sepsis-induced elevations in creatinine, LDH levels, and improved renal architecture. Furthermore, sepsis-induced inhibition of interferon (INF)- γ and increase in IL-1 β and IL-10 were attenuated by APC treatment. The authors suggested that APC confers a survival advantage by reducing systemic inflammation and, in doing so, preserves organ function (Keller, 2011).

4.6 Lung disorders

In a mouse model of acute lung injury, APC inhalation attenuates LPS-induced amplification of neutrophils and macrophages in bronchoalveolar lavage fluid as well as VCAM-1 protein levels in lung tissue (Kotanidou, 2006). In a murine model of asthma, inhalation of APC significantly inhibits the expression of T helper 2 (Th2) cytokines, IgE,

eosinophilic inflammation, and hyper-responsiveness in bronchiolar lavage fluid (Yuda, 2004). Electromobility shift assays show that translation of signal transducer and activator of transcription 6 (STAT6) and NF- κ B to the nucleus is reduced in lung samples from mice treated with inhaled APC. Although APC is thought to have a short half-life of ~ 20 mins, it can be detected in mice bronchoalveolar lavage fluid 24 h after inhalation. Thus, APC inhalation might offer a long-acting alternative route of administration to the lungs to attenuate pulmonary inflammation in acute lung injury.

It is unclear whether APC has any beneficial effect in humans with inflammatory lung diseases. Nick et al (Nick, 2004) performed a double-blinded, placebo-controlled study of APC in a human model of endotoxin-induced pulmonary inflammation and showed that APC significantly reduced leukocyte accumulation to the airspaces, independent of pulmonary cytokine or chemokine release. Bronchoalveolar lavage fluid neutrophils of patients receiving APC demonstrated decreased chemotaxis *ex vivo* but no change in cytokine release, cell survival, or apoptosis. The major components of the protein C pathway, including thrombomodulin, protein C and EPCR are all expressed by human airway epithelial cells (Hataji, 2002). Activation of protein C is reduced in sputum of patients with bronchial asthma compared to control subjects, which may contribute to exacerbation of the inflammatory response in the airway of asthmatic patients (Hataji, 2002). However, Schouten et al (Schouten, 2011) showed that endogenous protein C has strong effects on the host response to lethal influenza A infection, on the one hand inhibiting pulmonary coagulopathy and inflammation, but on the other hand facilitating neutrophil influx and protein leak and accelerating mortality.

4.7 Acute pancreatitis

Acute pancreatitis is a local inflammatory process that leads to a systemic inflammatory response and multiple organ failure (Kirschenbaum & Astiz, 2005). Disseminated intravascular coagulation and thromboembolism are related to overall morbidity of this disease which provides a setting in which APC could play a therapeutic role. Ottesen et al (Ottesen, 1999) found a decrease in levels of protein C in animals with acute pancreatitis. In a rodent model of pancreatitis (Alsfasser, 2006), treatment with APC reduces inflammation in the pancreas and lungs and significantly improves survival compared to controls (86% vs 38%; $P=.05$). This animal model exhibits severe consumptive coagulopathy, however APC's anti-coagulation properties did not worsen this condition. In another study, when APC was given 6 hours after the induction of pancreatitis, it significantly reduced acinar necrosis, tissue edema, fat necrosis, IL-6 and TNF- α and inflammatory infiltration compared to controls. Inhibition of expression of pancreatic p38 MAPK and JNK and upregulation of ERK1/2 expression by APC treatment protects against pancreatic injury, thus ameliorating severity of the disease (Chen, 2007).

4.8 Type 1 Diabetes (T1D)

T1D is a chronic progressive autoimmune disease that affects genetically prone individuals. The physiological destruction of β -cells is a crucial event for disease onset (Mathis, 2001). Inflammation and auto-immunity play an important role in the destruction of pancreatic islet β -cells in T1D, with apoptosis being the dominant form of β -cell death in both animal models of diabetes and humans. Replacement of the β -cells by transplantation of islet cells is a radical therapy for human T1D. A major problem with this therapy is the large loss of

viability of islet cells during the procedure. APC's strong anti-inflammatory and anti-apoptotic properties appear to be beneficial in preventing destruction of islet cells. Exogenous administration of APC significantly reduces loss of functional islet mass after intraportal transplantation in diabetic mice (Contreras, 2004). Animals given APC exhibit better glucose control, higher glucose disposal rates and higher arginine-stimulated acute insulin release (Contreras, 2004). These effects are associated with a reduction in plasma proinsulin, intrahepatic fibrin deposition, and islet apoptosis early after the transplant. APC treatment is also associated with a significant reduction of proinflammatory cytokine release and prevents endothelial cell activation and dysfunction. This study suggests that APC therapy will improve the take-rate of the transplanted islet cells and thus decrease the number of the cells required for human pancreatic islet transplantation (Contreras, 2004). Interestingly, plasma levels of protein C/APC are reduced in humans with T1D (Gruden, 1997; Vukovich & Schernthaner, 1986). In addition, soluble EPCR, which binds to APC and inhibits its activity, is increased in T1D (Wu, 2000). These data together indicate that circulating APC activity is markedly reduced in T1D. Whether replenishment of APC levels will benefit patients with T1D is yet to be resolved. However, APC exhibits great potential in preventing glucose-induced apoptosis in endothelial cells and podocytes (Isermann, 2007).

4.9 Rheumatoid Arthritis (RA)

RA is a chronic autoimmune disease characterized by persistent inflammation of multiple synovial joints which results in progressive tissue destruction of bone and cartilage. Protein C/APC is present in RA synovial tissues and co-localizes with MMP-2 in endothelial and synovial lining cells (Buisson-Legendre, 2004). EPCR is also strongly expressed by synovial tissue in patients with RA and co-localizes with CD68 positive staining cells, indicating that these cells are largely macrophage/monocytes (Xue, 2007). Inhibiting the activation of monocytes/macrophages reduces the severity of arthritis in patients with RA and in animal models of RA (Bondeson, 1999; Kwasny-Krochin, 2002). APC inhibits activation of normal monocytes by preventing their migration and production of proinflammatory cytokines/chemokines, such as TNF- α and macrophage migration inhibitory factor levels (Schmidt-Supprian, 2000). When monocytes from RA patients are pre-treated with APC, their migration towards monocyte chemoattractant protein-1 (MCP-1) is inhibited in a dose-dependent manner (Xue, 2007). Pre-incubation of these cells with RCR252, an antibody which blocks APC binding to EPCR, abolishes this inhibitory effect of APC, indicating that APC acts through EPCR to inhibit the chemotactic response of RA monocytes. MMP-9 regulation may be at least one downstream effector of APC's inhibition of monocyte migration. When added to purified monocytes from RA patients, APC dose-dependently inhibits the production of MMP-9 (Xue, 2007). MMP-9 not only allows cell migration but also exerts direct pro-inflammatory effects, such as activation of cytokines which would enhance the beneficial effect of APC in RA.

NF- κ B is activated in synovium from RA patients (Marok, 1996) and in cultured RA synovial fibroblasts (Fujisawa, 1996). Inhibition of NF- κ B activity strongly reduces the severity of disease in animal models of arthritis by inhibiting leukocyte infiltration (Blackwell, 2004). High levels of NF- κ B activity are present in RA monocytes under basal conditions. APC (20 μ g/ml) dramatically inhibits the active form of NF- κ B in both control and LPS stimulated monocytes from RA patients. Downstream of NF- κ B is one of the most

potent inflammatory cytokines in RA, TNF- α (Xue, 2007). Specific inhibition of TNF- α using biological agents such as the monoclonal antibody, Adalimumab (marketed as Humira), is proving very successful in treating moderate to severe RA in adults who have had a poor response to other anti-rheumatic drugs. Monocytes/macrophages are the primary source of TNF- α which, after release, promotes the proinflammatory activity of these and other surrounding cells. APC significantly decreases TNF- α both in control and LPS-stimulated RA monocytes (Xue, 2007). Thus, APC may mimic the action of the “biological” agents, through inhibition of TNF- α . However, by acting on multiple targets, APC may be more effective.

4.10 Cancer

APC can activate signaling molecules to promote MDA-MB-231 breast cancer cell and endothelial cell motility (Gramling, 2010). However, accumulating evidence suggests that the APC pathway limits cancer progression. Acquired protein C deficiency is observed in cancer patients, especially in patients using certain types of chemotherapy (Feffer, 1989; Mewhort-Buist, 2008; Rogers, 1988; Woodley-Cook, 2006). The loss of expression of thrombomodulin (or increase in its soluble form), a receptor required to convert protein C to APC, on cancer cells correlates with advanced stage and poor prognosis (Hanly, 2006; Hanly & Winter, 2007; Lindahl, 1993). Low levels of thrombomodulin also increase the invasive ability of cancer cells in vitro (Matsushita, 1998) and is significantly correlated with a high relapse rate in breast cancer (Kim, 1997). It is likely that low thrombomodulin levels induce metastasis due to reduced endogenous APC levels, although several alternative mechanisms have also been proposed (Hanly & Winter, 2007). Additionally, EPCR, the specific receptor for APC is detected in several cell lines derived from various types of cancer (Van Sluis, 2010). For example, EPCR is expressed on human breast cancer cells, with an extremely high frequency (Tsuneyoshi, 2001). EPCR on the vascular wall inhibits cancer cell adhesion and transmigration (Bezuhly, 2009; Lindahl, 1993). Finally, significant resistance to APC was found in women with a lymph-node-positive breast carcinoma (Bezuhly, 2009; Lindahl, 1993; Nijziel, 2003). In a mouse model, endogenous APC has been found to limit cancer cell extravasation via sphingosine-1-phosphate receptor-1 and VE-cadherin-dependent vascular barrier enhancement. Van Sluis et al (Van Sluis, 2011) showed that in the absence of endogenous APC, fibrinogen depletion does not prevent cancer cell dissemination and secondary tumor formation in immune-competent mice. Overall, they show that endogenous APC is essential for immune-mediated cancer cell elimination (Van Sluis, 2011). The exact mechanisms on how about prevents cancer are not clear. However, recently, a number of studies have shown that activation of PAR1 are involved in limiting of tumour cell migration and invasion/metastasis in vitro and in vivo (Kamath, 2001; Nierodzik, 1998; Villares, 2011) and intact barrier function can effectively prevent tumour cell migration and metastasis. APC can enhance both endothelial and epithelial barrier functions via activation of PAR1 which may partly explain the underlying mechanisms (Minhas, 2010; Xue, 2011).

4.11 Skin injuries

Chronic wounds are a common health problem. There are many different factors which lead to a chronic wound, including advancing age, persistent inflammatory stimuli, tissue hypoxia, diabetes mellitus, immunodeficiency, a smoking history or the use of certain medications, but they can affect patients at any race or economic background. The common

types of chronic wounds include: peripheral ulcers, which are the most frequent cause of lower limb amputation in patients with type I and type II diabetes (Levin, 1993); decubitus ulcers, a result of prolonged, unrelieved pressure over a bony prominence and venous stasis ulcers, where venous congestion of the lower extremities results in local hypoxia (Trent, 2005). With the current diabetes epidemic and increasing aging population, chronic wounds are a serious concern to the health system. They require dedicated care including regular dressings, frequent clinic appointments and when complications arise, hospital admission potentially requiring surgery or even amputation. The “state-of-the-art” treatments for chronic wounds are expensive and have limited success. Cutaneous wound repair can be divided into a series of overlapping phases including formation of fibrin clot, inflammatory response, granulation tissue formation, which includes re-epithelialization and angiogenesis, and matrix remodeling. Re-epithelialization is an important component of wound repair as it serves to restore the barrier function of skin. Newly formed blood vessels provide nutrition and oxygen to the growing tissue and allow leukocytes to enter the site of injury. A chronic wound or ulcer occurs when the co-coordinated cellular and biochemical response to injury are disrupted.

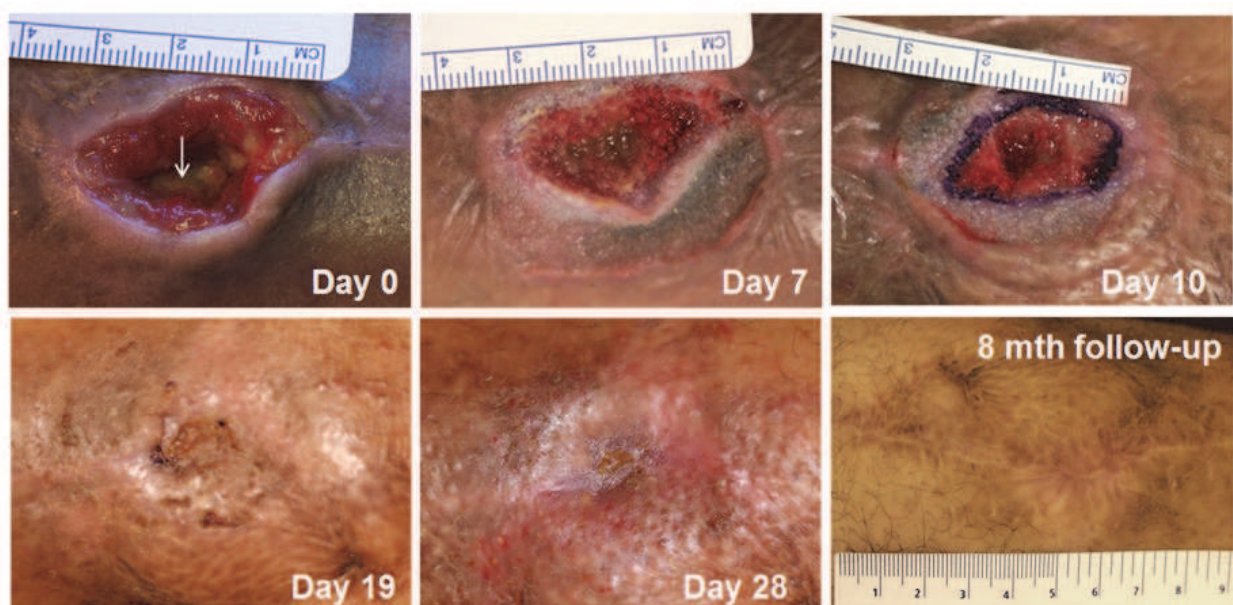


Fig. 3. APC treatment used in conjunction with topical negative pressure (TNP) to treat a recalcitrant orthopaedic wound present for 2 years. APC and TNP were applied on day 0 and twice a week until day 19. Day 0 shows exposed bone (arrow) and day 7 shows healthy granulation tissue covering bone. Wound is fully healed by day 28 and remained healed at 8 months follow-up. Taken from Wijewardana et al, *Int J Lower Extrem Wounds* in press, 2011.

The role of inflammation in wound healing is under debate. Many researchers believe that the inflammatory phase is vital for wound healing to proceed, however, there is evidence to suggest otherwise. Whereas normal adult healing results in a fibrous scar, early fetal wounds which have very little, if any, inflammatory response, exhibit scarless healing with complete restoration of the normal skin architecture. Scar formation exacerbates when inflammation is provoked in fetal wounds, suggesting that the absence of inflammation

contributes to the rapid and flawless repair of these wounds (Szpaderska & DiPietro, 2005). Compared to dermal wounds, oral wounds have substantially lower levels of macrophage, neutrophil, and T-cell infiltration and heal rapidly with minimal inflammation and often with minimal scar formation (Szpaderska, 2003). Redd et al (Redd, 2004) studied wound healing in the PU.1 null mouse, which is genetically incapable of raising an inflammatory response because several haematopoietic lineages, including macrophages and neutrophils, are absent or severely delayed in their differentiation. Wounds in these animals rapidly repair with increased vascularity at the wound site and faster reepithelialisation of the wound surface, as well as being scarless (Redd, 2004). They hypothesised that the lower the level of some growth factors in adult wounds the closer it would mimic scar-free healing in the embryo. This is relevant to many chronic wounds which are often associated with excess inflammation and become locked in this inflammatory phase. Thus, APC's anti-inflammatory effects may actually benefit, rather than hinder, the healing of chronic wounds.

Keratinocytes and endothelial cells are two major cell types in skin and play critical roles in the healing of skin injury. Keratinocytes of the epidermis provide the major cellular component of the outermost barrier to the environment. When the skin is broken, a critical response is triggered to restore its protective function. Within 24 hours of wounding, keratinocytes from the wound margins begin to migrate and invade the wound bed, where they proliferate to form the new epithelium. We have shown that protein C is produced by skin keratinocytes, especially those in the basal layer (Xue, 2007). This endogenous protein C is activated on the cell surface, with the resulting APC stimulating a wound healing phenotype in keratinocytes (Xue, 2005; Xue, 2007). Furthermore, the autocrine actions of APC are necessary for normal keratinocyte growth and function (Xue, 2007). APC stimulates proliferation, MMP-2 activity, migration and prevents apoptosis in skin keratinocytes, all vital processes of re-epithelialization (Xue, 2005; Xue, 2004). Endothelial migration and proliferation are vital to generate new blood vessels for wound healing. APC stimulates endothelial cell proliferation and induces tube-like structure formation *in vitro* (Uchiba, 2004) and cell migration (Brueckmann, 2003). In the chick chorioallantoic membrane (CAM) assay, APC stimulates angiogenesis and re-epithelialization. *In vivo*, APC induces corneal angiogenesis in a mouse model (Uchiba, 2004). APC also stimulates the proliferation of smooth muscle cells (Bretschneider, 2007), which would contribute to the formation of mature blood vessels. In a full-thickness rat skin-healing model, a single topical application of APC enhances wound healing compared to saline control at least partly via stimulating angiogenesis and re-epithelialisation (Jackson, 2005).

Recent evidence suggests that APC will be effective in humans with chronic wounds. An open label pilot study was conducted on 4 patients whose wounds were not improving, despite standard wound treatment for 4 months or greater (Whitmont, 2008). APC was applied topically to wounds once weekly for 4 weeks. All 4 patients showed rapid positive response to treatment which was maintained during a 4 month follow-up period. Overall, there was more than 80% reduction in wound size. The treatment was well tolerated with no significant side effects or complications experienced. In another recent study, APC treatment was used in conjunction with topical negative pressure (TNP), to treat recalcitrant long-standing orthopaedic wounds (Wijewardana et al, Combination of activated protein C and topical negative pressure vacuum therapy rapidly regenerates granulation tissue over

exposed bone to heal recalcitrant orthopaedic wounds, *in press*, 2011, *Int J Lower Extrem Wounds*). One example is a 47 year old male with no significant co-morbidities who had tibial and fibula fractures following an assault and being hit in the leg by a baseball bat, 2 years prior to presentation. The fractures required open reduction and fixation with plates and screws. Two months post-operatively he developed an infection and breakdown of the wound. He was started on antibiotic treatment and had wash out of the wound and scraping of the bone which showed osteomyelitis. Antibiotic treatment was continued but failed to control the infection so all metal-ware was removed and the wound was debrided. There was malunion of the bone and after 3 months the plates and screws were replaced and the wound was covered with a fasciocutaneous flap. After one month, he again developed infection and breakdown of the flap. For the following year he had continued treatment with antibiotics, conventional and TNP dressings, however the wound remained non-healing. He was then treated with APC plus topical negative pressure and after 7 days a layer of healthy granulation tissue covered the bone and almost filled the entire wound space (Figure 3). By day 10 re-epithelialization had occurred on top of the dermis around the perimeter of the wound and by day 19 the wound had completely healed. Follow up at 8 month showed the wound had continued to remain intact

By dampening inflammation and accelerating angiogenesis and re-epithelialisation, APC is also likely to minimize scar formation, which holds great potential for burn victims and those susceptible to keloid scarring. Patients with burn injuries and inhalation trauma have a significant increase in thrombin generation in the airways compared with control patients, as reflected by increased lavage fluid levels of thrombin-antithrombin complexes and fibrin degradation products, and decreased lavage fluid levels of APC and antithrombin (Hofstra, 2011).

5. Engineered protein C/APC

The stereospecific interactions of APC with factors Va and VIIIa involve both the APC enzymatic active-site region and residues that are not part of the immediate APC active site. These residues are termed 'exosites' on the APC active enzyme surface and can be mutated to diminish the anticoagulant activity of APC without altering the cell-signaling activity of the molecule (Bae, 2007; Gale, 2002; Kerschen, 2007; Mosnier, 2004). Replacement of a cluster of five positively charged residues by alanine residues (ie. 5A-APC) on the top surface of the APC heavy-chain protease domain restructures this crucial positively charged exosite, causing >98% loss of the anticoagulant activity of human APC while leaving intact APC cell-signaling activities on different cell types within the neurovascular unit (Mosnier, 2007; Mosnier, 2009). Replacement of three of these five residues (i.e. lysine residues 191–193) by three alanine residues produces the 3K3A-APC variant (Deane, 2009; Guo, 2009; Wang, 2009) which has a similar effect to the 5A-APC variant, causing loss of >92% of APC anticoagulant activity. These engineered variants provide APC for therapeutic purposes in which the risk of serious bleeding caused by the anticoagulant activity of APC is diminished while the cytoprotective effects of APC are preserved. In preclinical animal models of ALS (Zhong, 2009), stroke (Guo, 2009; Wang, 2009), brain injury (Walker, 2010) and sepsis (Kerschen, 2007 KERSCHEN2007 /id) and cytoprotective function (Ni, 2011) these APC variants show beneficial effects that were equivalent to, or sometimes greater than, the wild-type recombinant APC. Bir et al (Bir, 2011) demonstrated that 5A-APC could attenuate lung

damage caused by *P. aeruginosa* in critically ill patients. In addition, 5A-APC inhibits the inflammatory response of conventional dendritic cells independent of EPCR and suppresses IFN-gamma production by natural killer-like dendritic cells (Kerschen, 2010). Recently, an APC variant (APC-L38D/N329Q) was generated with minimal anticoagulant activity, but 5-fold enhanced endothelial barrier protective function and 30-fold improved anti-apoptotic function when compared with wild type APC (Ni, 2011).

An APC variant with minimal cell-signaling activity but with substantially increased anticoagulant activity, E149A-APC, has been useful for proof of concept studies and for antithrombotic indications (Mosnier, 2009). E149A-APC has superior antithrombotic activity in a mouse model of arterial thrombosis compared to wt-APC, but has no benefit in an endotoxemia sepsis model where wild type (wt)-APC or the 5A-APC variant reduced mortality {Kerschen, 2007 KERSCHEN2007 /id} (Mosnier, 2009).

6. Conclusion

APC, an anticoagulant with anti-inflammatory, anti-apoptotic, proliferative and barrier stabilization properties, has not only emerged as a therapeutic agent for use in selected patients with severe sepsis, but also appears to have considerable benefit in chronic wounds and a number of other autoimmune/inflammatory diseases. The in vitro, preclinical and limited clinical data for these diseases indicate that APC holds a remarkable promise. Further insights into the mechanisms of action of APC will be required for the translation of preclinical study results to the bedside.

More than three decades since the discovery of APC, we are only beginning to learn of its biological diversity. The clinical evidence for APC as a treatment for severe sepsis is perplexing (Marti-Carvajal, 2007; Marti-Carvajal, 2011). Strong evidence indicates that APC will benefit other disorders involving various organ injuries including kidney injury, spinal cord injury, respiratory function and stroke. Blinded and controlled clinical trials will elucidate its clinical protective effects in these disorders. With the recent discovery that the largest organ of the body, the skin, positively responds to APC, it is likely that APC will accelerate healing of skin injuries and disorders.

7. References

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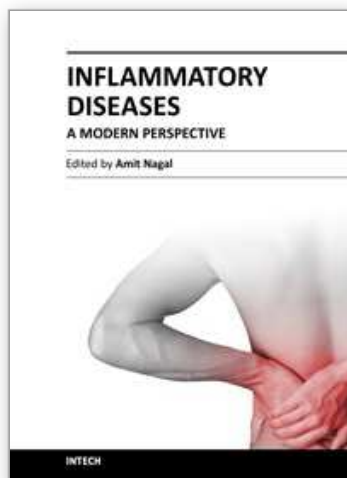
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"Inflammatory Diseases - A Modern Perspective" represents an extended and thoroughly revised collection of papers on inflammation. This book explores a wide range of topics relevant to inflammation and inflammatory diseases while its main objective is to help in understanding the molecular mechanism and a concrete review of inflammation. One of the interesting things about this book is its diversity in topics which include pharmacology, medicine, rational drug design, microbiology and biochemistry. Each topic focuses on inflammation and its related disease thus giving a unique platform which integrates all the useful information regarding inflammation.

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