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# A Comparative Study of Analytical Methods for Determination of Polyphenols in Wine by HPLC/UV-Vis, Spectrophotometry and Chemiluminometry

Vesna Weingerl\*

*University of Maribor, Faculty of Agriculture and Life Sciences, Hoče, Slovenia*

## 1. Introduction

Wine, especially red wine, is a very rich source of polyphenols, such as flavanols (catechin, epicatechin, etc.), flavonols (quercetin, rutin, myricetin, etc.), anthocyanins (the most abundant is malvidin-3-o-glucoside), oligomeric and polymeric proanthocyanidins, phenolic acids (gallic acid, caffeic acid, p-coumaric acid, etc.), stilbenes (*trans*-resveratrol) and many others polyphenols. Many of these compounds (e.g. resveratrol, quercetin, rutin, catechin and their oligomers and polymers proanthocyanidins) have been reported to have multiple biological activities, including cardioprotective, anti-inflammatory, anti-carcinogenic, antiviral and antibacterial properties (King et al., 2006; Santos- Buelega & Scalbert, 2000). These biological properties are attributed mainly to their powerful antioxidant and antiradical activity.

Regular, moderate consumption of red wine reduced the incidence of many diseases such as risk of coronary heart disease (CHD), atherosclerosis, cancers, etc. (Cooper et al., 2004; Opie & Lecour, 2007). The most intriguing are the studies which reported the possible association between red wine consumption and decrease in risk, and some suppression and inhibition of cancers (Briviba et al., 2002). Currently, chemoprevention is being used in medicine as a new strategy to prevent cancers. Natural phytochemicals, including red wine polyphenols, appear to be very promising substances to block, reverse, retard or prevent the process of carcinogenesis (Russo, 2007). Many epidemiological studies have found that regular intake of red wine or red wine polyphenols has positive effects on human health. Therefore, determination of the chemical composition, polyphenols content and antioxidant activity of red wine could be very useful for the interpretation of epidemiological studies.

Phenolic antioxidants define total antioxidant potential of wines and have the greatest influence on it. Authors showed that in grape seeds gallic acid, catechins and epicatechins prevailed, whereas in peel ellagic acid, quercetin and *trans*-resveratrol were most common.

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\* Corresponding Author

The high antioxidant potential of red wines can be ascribed to the synergistic effect of the mixture of natural phenolic antioxidants (Lopez-Velez et al., 2003).

Production technology is one of the main factors influencing the high antioxidant potential of red wines (Downey et al., 2006; Vršič et al., 2009). During winemaking the grape pulp is fermented, and fruit peel and seeds are very rich in phenolic antioxidants. The concentration of polyphenols in peel is higher than in the flesh (Darias-Martin et al., 2000; Fuhrman et al., 2001). During intensive pressing or during long contact of juice with pulp the content of phenolic compounds increases rapidly (Fuhrman et al., 2001). It was found that in wines fermented with peel the concentration of phenolic antioxidants was 2 times higher than in wines fermented without peel (Darias Martin et al., 2000).

Antioxidant potential and polyphenol composition were assessed in wine of Croatian origin (Katalinic et al., 2004). The concentration of total polyphenols in red wines ranged from 2200 to 3200 mg gallic acid per liter (mg GA/L).

In winemaking, phenolic antioxidants are extracted from berry skins, seeds and stems during crushing and fermentation. Due to the market demand, knowledge of the concentration of phenolic antioxidants in wine and their antioxidant potential is very important.

Wine, especially red wine, is a very rich source of flavonol quercetin and many others polyphenols. Various methods for characterisation of total antioxidant potential are presently in routine use, although some are non-stoichiometric (Alimelli et al., 2007; Campanella et al., 2004; Careri et al., 2003; Carralero Sanz et al., 2005; De Beer et al., 2005; Fernandez-Pachon et al., 2004; Giovanelli, 2005; Gomez-Alonso et al., 2007; Magalhaes et al., 2009; Makris et al., 2003; Malovana et al., 2001; Mozetič et al., 2006; Prior et al., 2005; Prosen et al., 2007; Recamales et al., 2006; Spigno & De Faveri, 2007; Staško et al., 2008; Weingerl et al., 2009; Woraratphoka, 2007). Some of these methods allow for rapid characterization of wines, and allow for evaluation of synergistic effects of various wine components, e.g. transition metals (Strlič et al., 2002), which can have pro-oxidative effects in a mixture with phenolic compounds. The results of such analyses are usually given in equivalents of gallic acid or other reference compounds. Among these methods, determination of total phenolic content using the Folin-Ciocalteu reagent, as described by Singleton and Rossi (Singleton & Rossi, 1965), is very common.

Considering the accumulated knowledge on the effect of phenolic antioxidants on human health and the resulting market requirements it is highly important to have well developed, robust and established methods for their determination (Minussi et al., 2003; Urbano-Cuadrado et al., 2004).

In this study we compared three analytical methods: high pressure liquid chromatography (HPLC) with UV-vis detection, UV-vis spectrophotometry and chemiluminometry.

For separation and determination of phenolic acids and flavonoids, HPLC is the established technique (Nave et al., 2007; Rodriguez-Delgado et al., 2001; Spranger et al., 2004; Vitrac et al., 2002). The chromatographic conditions include the use of, almost exclusively, a reversed phase C18 column; UV-vis diode array detector, and a binary solvent system containing acidified water and a polar organic solvent (Tsao & Deng, 2004).

With use of HPLC we can reach separation of non-stabile and heavy volatile analytes on the base of different chemical interactions of the analytes with mobile phase and stationary phase. We use a non-polar stationary and polar mobile phase (reversed phase chromatography). HPLC with UV-visible detection was used for determination of antioxidant compounds content of gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin in numerous wine samples. The selected phenolic compounds are the most important wine antioxidants. Gallic acid, the main hydroxybenzoic acid in red wines, is a very potent antioxidant with three free hydroxyl groups. Because of the relatively slow extraction of gallic acid from grape seeds, higher concentrations are obtained with longer maceration times, which is characteristic for red wines. As the most important flavonol, quercetin was also included in our research.

Spectrophotometric determination of total antioxidant potential (TAP<sub>SP</sub>) was performed with oxidation of phenolic compounds with Folin-Ciocalteu reagent after spectrophotometric method, described by Singleton in Rossi. Gallic acid was used as modelling solution.

Chemiluminometric determination of polyphenols was another possibility for evaluation of the total antioxidant potential in wine. Chemiluminescence, the emission of light as a consequence of relaxation of kind, which it is evoked between chemical reactions, has become very useful technique for studying oxidation of organic materials (Costin et al., 2003; Garcia-Campana & Baeyens, 2001; Hötzer et al., 2005; Kočar et al., 2008; Kuse et al., 2008). ABEL<sup>®</sup> (analysis by emitted light) antioxidant test kit, which contains photo protein Pholasin<sup>®</sup>, was used. Photo protein Pholasin<sup>®</sup> is the protein-bound luciferin from the bivalve mollusc *Pholas dactylus*, which reacts with luciferase and molecular oxygen to produce light (Knight, 1997; Michelson, 1978; Roberts et al., 1987). In reaction system substrate-catalyser-oxidant we can therefore inhibit occurrence of chemiluminescence with antioxidants. If there are antioxidants in the sample capable of scavenging superoxide, then these antioxidants will compete with Pholasin<sup>®</sup> for the superoxide and less light will be detected. Control samples containing no antioxidants were running with each assay. With measuring of decrease of intensity of chemiluminescence we evaluate total antioxidant potential (TAP<sub>CL</sub>) of the sample (Hipler & Knight, 2001)..

The reactions of Pholasin<sup>®</sup> have been studied extensively (Dunstan et al., 2000; Müller et al., 1989; Reichl et al., 2000). It was found to have a 50- to 100-fold greater sensitivity towards superoxide than luminol. In addition, the decay of the Pholasin<sup>®</sup> chemiluminescent product was more rapid than that of the luminol product, leading to a greater accuracy in real-time kinetic studies. For these reasons, Pholasin<sup>®</sup> offers several advantages over luminol (Roberts et al., 1987). The luminescence of Pholasin<sup>®</sup> elicited with luciferase has a maximum at 490 nm, and that with Fe<sup>2+</sup> shows a maximum at 484 nm (Shimomura, 2006).

In addition, we compared the results of the chromatographic method with those obtained using the spectrophotometric and chemiluminometric method.

In order to evaluate their potential individual contributions to TAP, phenolic antioxidants were analysed as pure solutions in the same concentration. The order of contributions of individual phenolic antioxidants to TAP determined according to spectrophotometric method was different than those determined with chemiluminometric method. Generalised, *cis*-resveratrol has the biggest contribution to TAP, following by *trans*-resveratrol, (-)-

epicatechin, (+)-catechin and quercetin. Interesting, gallic acid, as modelling solution by spectrophotometric determination of  $TAP_{SP}$ , shows the lowest contribution to TAP.

## 2. Experimental

137 wine samples (73 red, 54 white and 10 rosé wines) were purchased from wineries and directly analysed. Most of the red wine samples were from grape varieties Blue Frankish, Merlot, Cabernet Sauvignon, Pinot Noir, Refošk and Barbera. Cviček was used in the study as a typical Slovenian mixture of red and white wines, whereas from among the white wines, most samples were from grape varieties Welsh Riesling, Chardonnay, Traminer, Rhine Riesling, Yellow Muscat and Sauvignon. Vintages ranged from 1997 to 2006.

### 2.1 HPLC- UV/VIS method

The HPLC system Waters 600E was composed of isocratic pump W600, autosampler and Waters 996 photodiode array detector. The HPLC column Synergi Hydro RP 150 × 4.6 mm, 4 μm (Phenomenex, Torrance, California, USA) was used at 35 °C. Wavelengths of detection: (+)-catechin and (-)-epicatechin 210 nm, quercetin 253 nm, gallic acid 278 nm and *trans*-resveratrol 303 nm. Gallic acid, (+)-catechin hydrate, (-)-epicatechin, *trans*-resveratrol and quercetin dihydrate were purchased from Sigma-Aldrich (St. Louis, USA). All reagents and standards were prepared using Milli Q deionized water (Millipore, Bedford, USA).

The experimental conditions were: mobile phase A: 0.1%  $H_3PO_4$ ; mobile phase B: MeOH; gradient elution: 0 min 90% A, 10% B; 15 min 78% A, 22% B; 25 min 50% A, 50% B; 34 min 34% A, 66% B; 35 min 90% A, 10% B for reconditioning of the system (8min); flow rate: 1.0 mL/min; injection volume: 50 μL; MeOH and orthophosphoric acid were HPLC-grade (Fluka, St. Gallen, Suisse) and were filtered and degassed before their use. The wine samples were diluted ten times with the respective mobile phases described above.

Stock solutions of standards were diluted in the mobile phase to obtain working standard solutions. Concentrations of the analytes were calculated from chromatogram peak areas on the basis of calibration curves. The method linearity was assessed by means of linear regression of the mass of analyte injected vs. its peak area. The repeatability was expressed as standard deviation (SD) of three separate determinations.

Typical standard deviations for determinations of the sum of phenolic antioxidants determined using HPLC/UV-vis were 0.015 mmol/L for red wines, 0.004 mmol/L for rosé and 0.050 mmol/L for white wines.

### 2.2 Spectrophotometry

Spectrophotometric determination of total antioxidant potential ( $TAP_{SP}$ ) was performed according to the Singleton-Rossi procedure (Singleton & Rossi, 1965).  $TAP_{SP}$  of an antioxidant sample was estimated by measuring its reducing capacity with the Folin-Ciocalteu reagent using a spectrophotometer. The Folin-Ciocalteu reagent is a mixture of phosphowolframic acid ( $H_3PW_{12}O_{40}$ ) and phosphomolybdic acid ( $H_3PMO_{12}O_{40}$ ), the absorbance of which was measured after the reaction at 765 nm using a Cary 1E spectrophotometer (Varian, California, USA). The Folin-Ciocalteu reagent was purchased from Merck (Darmstadt, Germany). It contains sodium tungstate, sodium molybdate,

orthophosphoric acid, hydrochloric acid, lithium sulphate, bromine, hydrogen peroxide (Folin & Ciocalteu, 1927).

Briefly, 25  $\mu$ L of a red and rosé wine sample or 250  $\mu$ L of a white wine sample, 15 mL of distilled water, 1.25 mL of the diluted (1:2) Folin-Ciocalteu reagent, 3.75 mL of a sodium carbonate solution (20%) were mixed and distilled water was added to make up the total volume of 25 mL. The solution was agitated and left to stand for 120 min at room temperature for the reaction to take place. The calibration curve was prepared with gallic acid solutions in the concentration range from 0 to 1000 mg/L. The results are expressed as mmol gallic acid per liter (gallic acid equivalents - GAE).

The results for standards were highly reproducible (calibration curve squared regression coefficient  $>0.9993$ ). All determinations were performed in triplicates. Typical standard deviation for spectrophotometric determinations of total phenolic content ( $TAP_{SP}$ ) was 0.10 mmol/L for red wines, 0.09 mmol/L for rosé and 0.02 mmol/L for white wines.

### 2.3 Chemiluminometry

The Abel®-21 M2 antioxidant test kit (Knight Scientific Limited, Plymouth, UK) was used for chemiluminometric determination of total antioxidant potential ( $TAP_{CL}$ ). Superoxide, generated in a tube containing Pholasin® with and without a sample of wine with unknown antioxidant potential leads to appearance of chemiluminescence, which was measured using a micro plate luminometer model Lucy (Anthos Labtec Instruments, Wals, Austria). Pholasin® is a bioluminescent photo protein of *Pholas dactylus*, which is a marine, rock-boring, bivalve mollusc. Antioxidant test kit used contains assay buffer (pH 7.2).

The Antioxidant Test procedure for Superoxide is provided by the supplier of the test kit (Hipler and Knight, 2001). The amount of sample was optimised to obtain not more than 90% and typically 50% signal inhibition. This signal was then corrected for sample dilution: 10  $\mu$ L of sample was used, however, red wines and rosé wines were first diluted with water (1:10) while white wines were not.

The results are calculated as  $TAP_{CL}$ , expressed as % signal inhibition. Typical measurement uncertainty was 0.024 mmol/L for red wines, 0.016 mmol/L for rosé and 0.002 mmol/L for white wines.

### 2.4 Statistical analysis

Measurements are expressed as means  $\pm$  standard deviations (SD) for three replicate determinations. Multivariate analysis was performed using SPSS 17.0 for Windows (SPSS Inc., Chicago, USA). As a typical data reduction and visualisation technique, principal component analysis (PCA) was used.

## 3. Results and discussion

Comparison of determinations of total antioxidant potential in different wines was performed with spectrophotometric and chemiluminometric method, while comparison of antioxidant compounds content in the same samples was performed using HPLC with UV/VIS detection.

Sum of phenolic compounds, determined using HPLC with UV-vis detection, summarized six main phenolic compounds (gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin). Regarding the knowledge about the influence of phenolic antioxidants on human health, selected phenolic compounds are the most important antioxidants of red wines. Gallic acid, the main hydroxybenzoic acid in red wines, is with three free hydroxyl groups a very strong antioxidant. Because of relative slow extraction of gallic acid from grape seeds, we obtain higher concentrations with longer maceration time, which is characteristic for red wines. In the group of non-flavonoid phenols we analysed also the main representative of stilbenes – resveratrol. Resveratrol (3,5,4'-trihydroxystilbene) is present in wine in four forms; we were determining *trans*-resveratrol and *cis*-resveratrol. In the group of flavonoid phenols we choose isomers (+)-catechin and (-)-epicatechin, more specific, flavan-3-ols. As most important flavonol we include in our research quercetin. Chemically are flavonols 3-glycosides.

Relative good correlation is result between sum of phenolic compounds determined with HPLC/UV-vis and spectrophotometric determinations of total antioxidant potential  $TAP_{SP}$  ( $r^2 = 0.91$ ) (Weingerl et al., 2009).

Light emitted by chemiluminescent substrate was expressed in relative light units (RLU). The time dependence of light intensity was measured and the peak intensity was converted into percent of inhibition relative to control. We expressed the results as total antioxidant potential, expressed as percent inhibition:  $TAP_{CL} = ((\max RLU_{\text{control}}) - (\max RLU_{\text{sample}})) 100 / (\max RLU_{\text{control}})$ . Figure 1 shows the correlation between sum of phenolic compounds

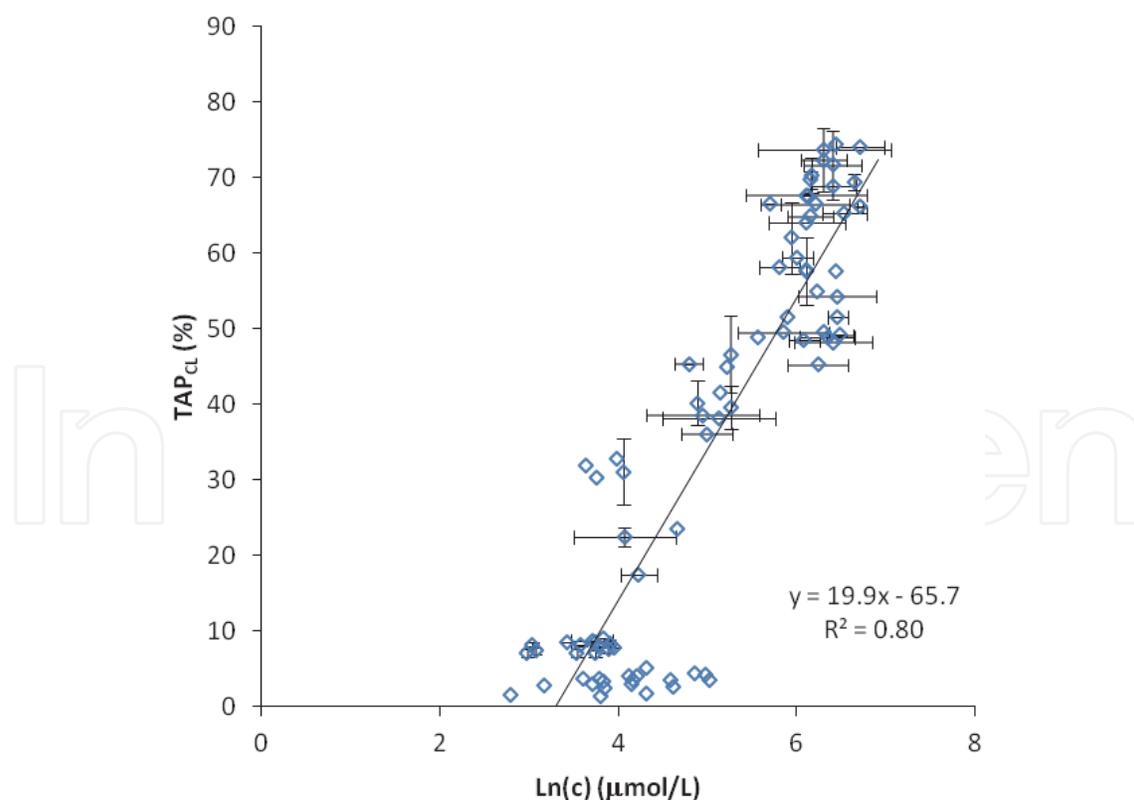


Fig. 1. Comparison between natural logarithm of sum of gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin, determined using HPLC and  $TAP_{CL}$ . All wine samples included.

determined with HPLC/UV-vis and total antioxidant potential  $TAP_{CL}$  determined with chemiluminometry.

Sum of phenolic compounds, determined with HPLC method, correlate well with total antioxidant potential  $TAP_{CL}$ , determined with chemiluminometric method ( $r^2 = 0.80$ ) (Fig 1).

With use of HPLC method we have the information about single phenolic antioxidants content, which doesn't consider synergistic influences between phenolic compounds in wine. Those effects considered only methods for determining total antioxidant potential. On the other hand, matrix effects may lead to different results obtained using other methods. In order to obtain a better insight into the extent of these effects, we compared all used methods.

To estimate the quantification limits, weighted tolerance intervals were used. The limit of quantification (in response units) is defined as 10 times the standard deviation at the lowest detectable signal ( $LC$ ) plus the weighted intercept. The corresponding concentration  $LQ$  can be obtained by  $LQ = (yQ - a)/b$ , where  $a$  is the intercept,  $b$  is the slope of correlation curve (Zorn et al. 1997). The quantification limit for  $TAP_{SP}$  was calculated from data represented in Fig. 2, and amounts to 844  $\mu\text{mol/L}$  gallic acid (Weingerl et al., 2011).

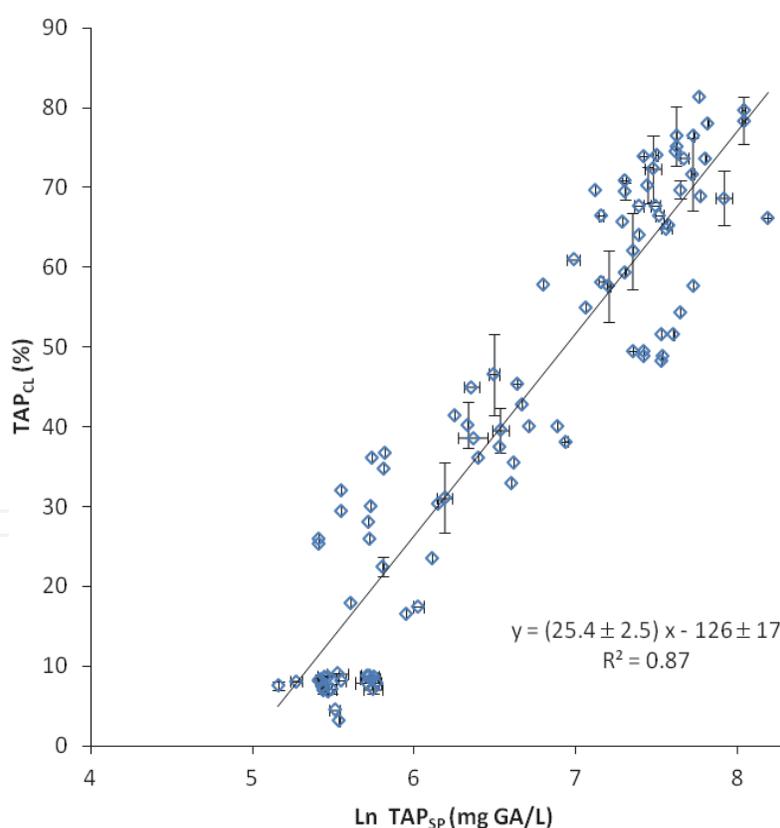


Fig. 2. Comparison of spectrophotometric determinations of  $TAP_{SP}$  and chemiluminometric results ( $TAP_{CL}$ ).

For comparison, Table 1 shows further limits of quantification for determination of sum of HPLC determined phenolic antioxidants,  $TAP_{CL}$  and  $TAP_{SP}$  in wine.

Method	LOQ	Unit
Chemiluminometric method	32	$\mu\text{mol/L}$ ascorbic acid
Sum HPLC/UV-vis	27	$\mu\text{mol/L}$
Spectrophotometric method	844	$\mu\text{mol/L}$ gallic acid

Table 1. Limits of quantification (LOQ) for determination of polyphenols in wine.

As it is evident from Table 1, the chemiluminometric method exhibits similar quantification limits to the HPLC method for the determination of the sum of gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin in wines ( $32 \mu\text{mol/L}$ ). This is much lower quantification limit comparable with the spectrophotometric method, for the determination of total polyphenols, expressed in  $\mu\text{mol/L}$  of gallic acid.

Like total antioxidant potential determined with spectrophotometric or chemiluminometric method, like sum of six determined phenolic compounds are higher by red wines than white wines, rosé wines are giving intermediate results.

Evaluation of individual contributions of selected phenolic antioxidants to total antioxidant potential shows different results for spectrophotometric and chemiluminometric method (Fig.3 and Fig.4).

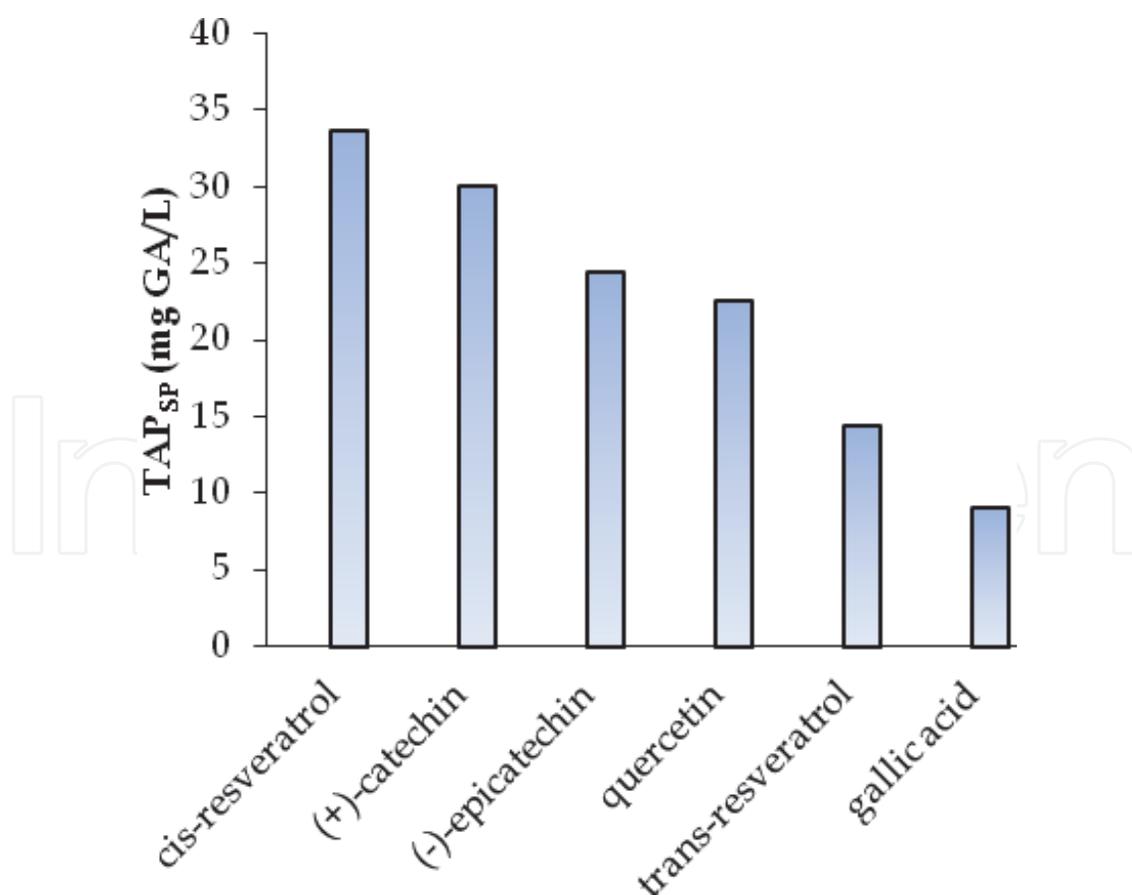


Fig. 3. TAP<sub>SP</sub> of individual phenolic antioxidant solutions ( $50 \mu\text{mol/L}$ ).

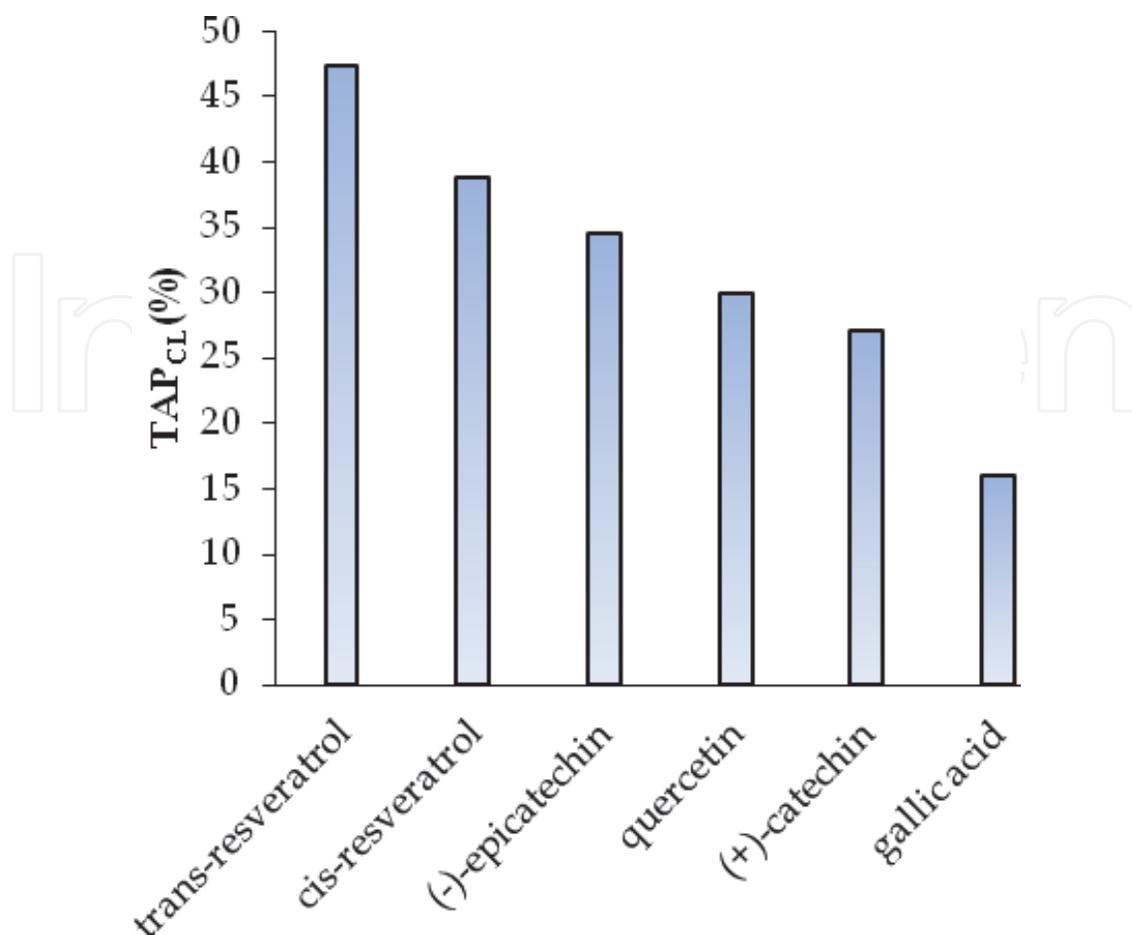


Fig. 4. TAP<sub>CL</sub> of individual phenolic antioxidant solutions (50  $\mu\text{mol/L}$ ).

Regarding their antioxidant potential, *cis-resveratrol* has been found to be the most powerful scavenger among the analysed phenolic antioxidants. *cis-resveratrol*, (+)-catechin, (-)-epicatechin, quercetin, *trans-resveratrol* and gallic acid was the order of contributions to TAP<sub>SP</sub>, determined according the spectrophotometric method. *trans-resveratrol*, *cis-resveratrol*, (-)-epicatechin, quercetin, (+)-catechin and gallic acid was the order of contributions to TAP<sub>CL</sub>, determined according to chemiluminometric method. Gallic acid has, interesting, the lowest contribution to TAP. Generalised, *cis-resveratrol* has the biggest contribution to TAP, following by *trans-resveratrol*, (-)-epicatechin, (+)-catechin and quercetin.

To reduce the number of variables and to investigate the extent of correlation between the six individual phenolic antioxidants and total antioxidant potentials, determined with spectrophotometric and chemiluminometric method, principal component analysis (PCA) was performed. While 57.5% of the variation is explained by PC1 and another 11 % by PC2, we compared the loading factors in Figure 4 to investigate how the different variables might be co-correlated. TAP<sub>SP</sub> and amount of gallic acid, determined with HPLC/UV-vis method are very strongly co-correlated and most strongly affected by quercetin content.

As is evident from Figure 4, there is a very strong co-correlation between TAP<sub>CL</sub> and content of *cis-resveratrol*. Referred to this co-correlation TAP<sub>CL</sub> is also strongly correlated to further antioxidants present especially in red grape varieties: (+)-catechin, (-)-epicatechin and *trans-resveratrol*.

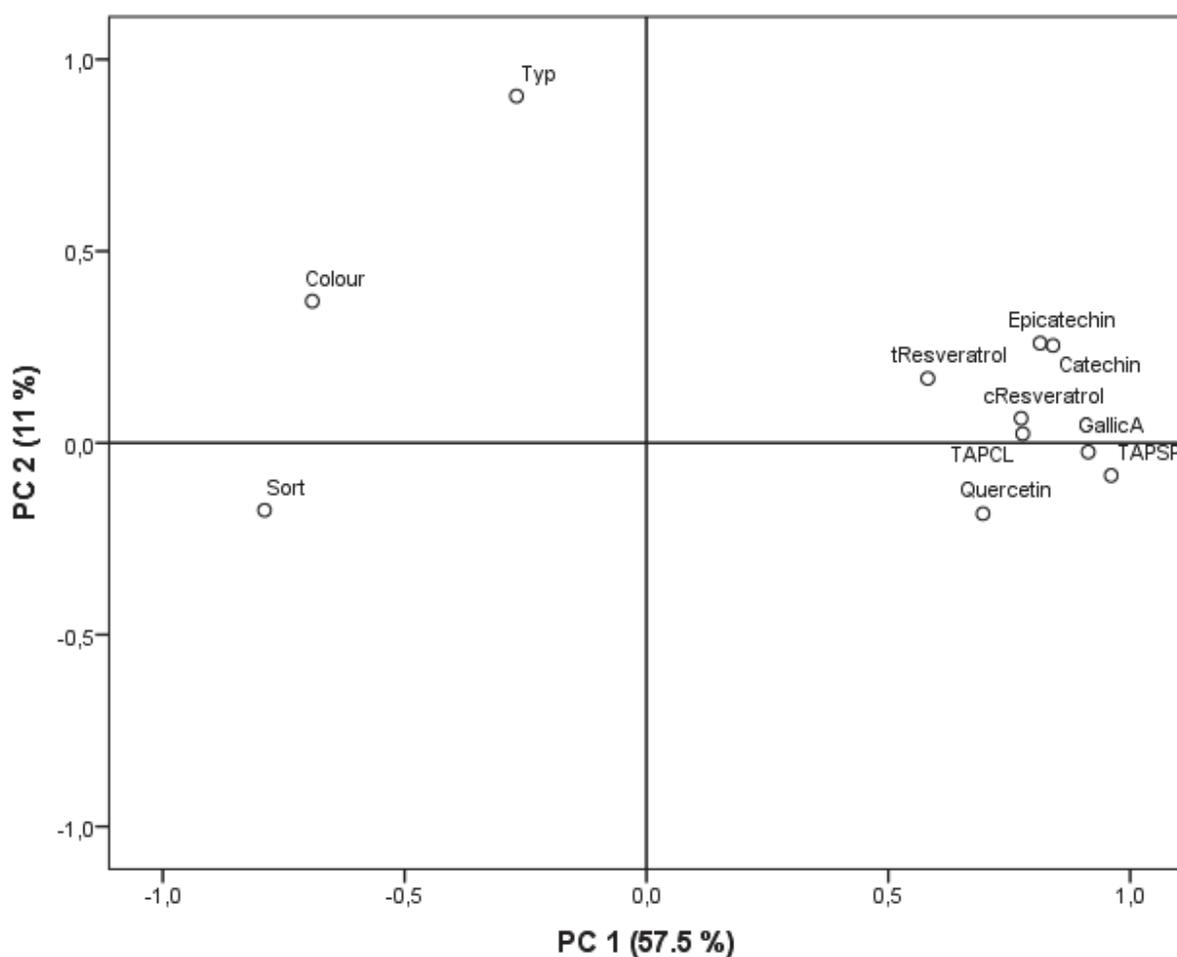


Fig. 5. Loading plot for PCA performed with all measured variables: single phenolic antioxidants,  $TAP_{SP}$  and  $TAP_{CL}$ .

#### 4. Conclusions

In this work, we compared two routinely used methods of determination of the following wine phenolic antioxidants: gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin. We used liquid chromatographic method with UV-vis detection, the conventional Folin-Ciocalteu spectrophotometric method and chemiluminometric method. The comparisons led us to the following conclusions:

- Determinations of the total antioxidant potential determined with chemiluminometric method correlate well with the sum of individual contents of gallic acid, (+)-catechin, (-)-epicatechin, *trans*-resveratrol, *cis*-resveratrol and quercetin as obtained using HPLC method in all wine samples.
- *cis*-resveratrol has been found to be the most powerful scavenger among the analysed phenolic antioxidants.

Information about single phenolic antioxidants content doesn't consider synergistic influences between phenolic compounds in wine, we were limiting only on components, which were analysed individually. Information about content of antioxidant components also doesn't consider prooxidative influence of transition metals content. Those effects

considered both described methods for determining total antioxidant potential (TAP<sub>SP</sub> and TAP<sub>CL</sub>), on which indicates quality of correlation determining according to these two methods.

- PCA was applied to investigate the correlations between TAP<sub>SP</sub>, TAP<sub>CL</sub> and individual phenolic antioxidants and especially good co-correlation was found with TAP<sub>CL</sub> and *cis*-resveratrol. TAP<sub>SP</sub> and amount of gallic acid, determined with HPLC method are very strongly co-correlated and most strongly affected by quercetin content.

If we consider content of individually determined phenolic antioxidants and not only antioxidative capacity of wine, we may use only HPLC method with UV-vis detection.

## 5. Acknowledgements

I offer my regards and blessings to all of those precious people who supported me in any respect during my academic growth.

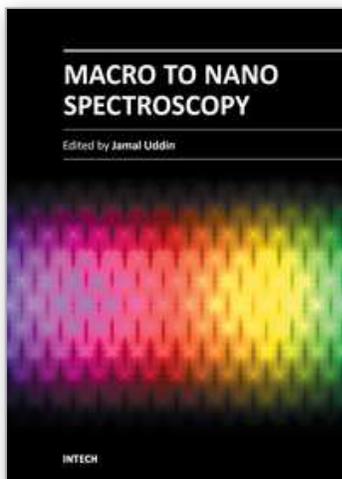
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## **Macro To Nano Spectroscopy**

Edited by Dr. Jamal Uddin

ISBN 978-953-51-0664-7

Hard cover, 448 pages

**Publisher** InTech

**Published online** 29, June, 2012

**Published in print edition** June, 2012

In the last few decades, Spectroscopy and its application dramatically diverted science in the direction of brand new era. This book reports on recent progress in spectroscopic technologies, theory and applications of advanced spectroscopy. In this book, we (INTECH publisher, editor and authors) have invested a lot of effort to include 20 most advanced spectroscopy chapters. We would like to invite all spectroscopy scientists to read and share the knowledge and contents of this book. The textbook is written by international scientists with expertise in Chemistry, Biochemistry, Physics, Biology and Nanotechnology many of which are active in research. We hope that the textbook will enhance the knowledge of scientists in the complexities of some spectroscopic approaches; it will stimulate both professionals and students to dedicate part of their future research in understanding relevant mechanisms and applications of chemistry, physics and material sciences.

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Vesna Weingerl (2012). A Comparative Study of Analytical Methods for Determination of Polyphenols in Wine by HPLC/UV-Vis, Spectrophotometry and Chemiluminometry, Macro To Nano Spectroscopy, Dr. Jamal Uddin (Ed.), ISBN: 978-953-51-0664-7, InTech, Available from: <http://www.intechopen.com/books/macro-to-nano-spectroscopy/a-comparative-study-of-analytical-methods-for-determination-of-polyphenols-in-wine-by-hplc-uv-vi>

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Slavka Krautzeka 83/A  
51000 Rijeka, Croatia  
Phone: +385 (51) 770 447  
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Unit 405, Office Block, Hotel Equatorial Shanghai  
No.65, Yan An Road (West), Shanghai, 200040, China  
中国上海市延安西路65号上海国际贵都大饭店办公楼405单元  
Phone: +86-21-62489820  
Fax: +86-21-62489821

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