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Pharmaceutical Applications of Plasticized Polymers

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1. Introduction

The modern pharmaceutical technology is not conceivable without plasticized polymers. The pharmaceutical applications of polymers range from packaging materials or auxiliary substances in conventional dosage forms to membranes or matrices modifying and controlling the drug release characteristics in therapeutic systems. Recently, a great variety of plasticized polymeric systems have been studied as microparticles, matrices, free membranes, membranes for transdermal systems and *in situ* forming implants. Not only the polymer itself but thorough choice of other ingredients of the polymer system is necessary for required quality of drug delivery system. The plasticizer has the unsubstitutable place in drug polymer system due to its primary role, i. e. improve the flexibility and processability of polymers by lowering the glass transition temperature. The supramolecular structure and relevant properties of specific plasticized polymer drug delivery systems has attracted the interest of many researchers.

2. Plasticized polymers used as coatings of the dosage forms

It is common practice to coat oral solid dosage forms with polymeric materials for several purposes, such as modifying drug release, affording gastroprotection, protecting from environmental agents, masking unpleasant taste or just enhancing product aesthetics. A film coating is defined as a thin and uniform polymer based-layer of about 20 to 100 μm in thickness, which is applied to the surface of substrates such as tablets, granules, powders, capsules, particles or pellets (Porter, 1995).

Polymers used in coating can be categorized into two types: (i) non-functional or conventional film coating polymers for immediate release coatings; which improve the appearance, the handling, prevent dusting or (ii) functional coating polymers, which can be used to modify the pharmaceutical function of the dosage forms, and include the delayed release dosage forms and sustained release (or extended or prolonged) dosage forms.

Coating films can be usually prepared from organic solvent-based polymers or aqueous solvent-based latex dispersions. However, the aqueous film coating have been favoured in coating technology because of its wide applications, low environmental concerns, efficiency of the process, and wide commercial availability of coating materials. The cellulose ethers and esters are the major group of polymers used in the film coating process. The

pharmaceutical compositions of two kinds of coated beads were patented. The polymer coatings of the beads differed in water solubility. This pharmaceutical composition comprised phthalates, trimellitates, adipates, sebacates, glycols, polyethers and alkyl citrates as the plasticizers (Paborji & Flugel 2011).

Cellulose acetate phthalate (CAP), widely used in enteric film coating, is available as a white powder or also as a 30 % solid nanodispersion (pseudolatex) (Aquacoat® CPD). Polyvinyl acetate phthalate is less susceptible to hydrolysis, which minimizes or limits the content of free phthalic acid and other free acids.

Cellulose acetate trimellitate (CAT) has three carboxylic groups on the aromatic ring and dissolves at a pH of 5.5. The plasticizers as triacetin, acetylated monoglyceride, diethyl phthalate are recommended, and to obtain the best enteric coating results from aqueous processing, ammoniated solutions of CAT in water are the best choice.

Hydroxypropyl methylcellulose phthalate (HPMCP) characteristics, particularly at the pH where dissolution occurs, are determined by the degree of substitution of the three kinds of substituent groups (i.e. methoxy, hydroxypropoxy, and carboxybenzoyl). Valuable plasticizers include triacetin, acetylated monoglyceride and diethyl phthalate.

Acrylic polymers as a group of various synthetic polymers, methacrylic amino ester copolymers, have diverse functionality in film coating. They can be used for rapidly disintegrating coatings, taste and odour masking, coloured or transparent coatings, etc., and are available mainly as the Eudragit® products.

Methacrylic acid copolymers contain free carboxylic acid groups, and therefore can be used for enteric coating purposes by forming salts with alkalis. Methacrylic acid copolymers are soluble at pH values higher than 5.5. The addition of a plasticizer in these polymers is necessary. Methacrylic acid copolymers are available as various grades of Eudragit® products.

2.1 The role of the plasticizer in the film coating

The plasticizer plays the major role in the all process of the oral dosage form coating, and significantly influences the quality of the coatings, particularly the release of incorporated drugs.

2.1.1 Film formation facilitated by plasticizer

The film-formation mechanism from the coating dispersions is a complex process influenced mainly with the type and also with the quantity of plasticizer. The temperature below which a coating will not form a continuous, cohesive film is called the minimum film forming temperature; it is the minimum temperature above the T_g of the polymer. In order to ensure the optimum conditions for film formation, the really used coating temperature during the application process should be 10-20 °C above the minimum film forming temperature (Lehmann, 1992). Since plasticizer addition to film coating formulation reduces the T_g of the polymer, as a result the temperature required for film coating is reduced by plasticization (Zhu et al., 2002).

A sufficient amount of time should be allowed for the plasticizer uptake to ensure a homogeneous distribution of the plasticizer in the coating film. The time between the addition of the plasticizer to the polymer dispersion and the coating step is usually called as the plasticization time and presents a critical process variable, especially when water-insoluble plasticizers are used. Water insoluble plasticizers have to be emulsified in the aqueous phase of the polymer dispersions. During plasticization of the polymer dispersions, the plasticizer partitions into the colloidal polymer particles and softens them thus promoting particle deformation and coalescence into a film upon drying. Commercial suppliers of polymer dispersions often recommend a relatively short plasticization time of 30 - 60 minutes irrespective of the solubility of the plasticizer. Plasticizers are incorporated in the amorphous parts of polymers while the structure and size of any crystalline part remains unaffected (Fedorko et al., 2003). The thermal treatment following the application of the coat is known as curing. During this stage of coating, the coated dosage form is subjected to temperatures higher than the T_g , which facilitates uniform distribution of plasticizers. During curing of the coatings, plasticizers could also redistribute in the polymeric film.

Controlled released pharmaceutical formulations comprising pseudoephedrine embedded in core and coating shell made from mixture of two different polymers were approved. One of the used polymers was water soluble, the second one water insoluble. The water insoluble plasticizer ranged from 0.1 to 15.0 % by weight in this composition (Nair et al., 2010).

2.1.2 Mechanical properties of the coating improved by plasticizer

Good flexibility of the coating is essential for insuring the resistance of the coating to the mechanical impact force expected during the coating process, and in the application place of the coated dosage form (particularly in the gastrointestinal tract). However, pure polymer coatings are often brittle. An addition of an external plasticizer to the polymeric networks will increase the flexibility of the coatings (Siepmann et al., 1999).

The affirmative effect of the plasticizers on mechanical properties of the coating is caused by reducing of the cohesive intermolecular forces along the polymer chains. The flexibility is enhanced by increasing strain elongation and decreasing tensile strength and elastic modulus of the polymer (Gutierrez-Rocca & McGinity, 1994).

For example, triethyl citrate, triacetin and acetyltriethyl citrate used as a water-soluble plasticizer of the hydroxypropylmethylcellulose acetate succinate in press-coated tablets for colon targeting formulation ensure the plastic deformation property of the outer shell due to some interaction between hydroxypropylmethylcellulose acetate succinate and triethyl citrate (Fukui et al., 2001). Plasticized polymeric coating with dispersed bioactive anti-inflammatory and anti-thrombogenic drugs was applied for stents (Udipi & Cheng, 2004).

2.1.3 Adhesion of coating influenced by plasticizer

Good adhesion between a polymer and the surface of a solid is a major prerequisite for the film coating of pharmaceutical dosage forms. Loss of adhesion may reduce the functions that the film-coating provides to the solid substrate, particularly the mechanical protection that the coating ensures to the solid substrate and the drug release modified by coating.

There are two substantial forces which influence the polymer adhesion: the strength of the interfacial bonds between the polymeric film and the surface of the solid, and the internal stresses within the film coating. The interfacial bonding between the tablet surface and polymer coating is made primarily with hydrogen bonds, to a lesser extent with dipole-dipole and dipole-induced dipole interactions. The addition of plasticizing agents to coating formulations generally decreases the internal stress in the film by decreasing both the elastic modulus and the glass transition temperature of the film coating (Johnson & Hathaway, 1991; Rowe, 1981, 1992).

The measured force of adhesion, therefore, would be expected to increase with increased plasticization of the polymer. The contradictory results may be due to the interaction of the plasticizing agent with the polar groups of the polymer within the film structure (Felton & McGinity, 1999).

The adhesive property of Eudragit films is effected with organic esters used as plasticizers (triacetin, diethyl phthalate, dibutyl phthalate and tributyl citrate were tested). The molecular weight and solubility parameters of the plasticizer seemed to play an important role in changing the adhesive strength of the Eudragit films. The adhesion of Eudragit films is markedly increased when the concentration of the plasticizer is greater than 25%. Tributyl citrate may be the best choice of the plasticizer for the Eudragit film, particularly for the Eudragit E film.

The molecular weight and solubility parameters of the plasticizer seemed to play an important role in changing the adhesive strength of the Eudragit films (Lina et al., 2000).

The water soluble plasticizers, triethyl citrate and polyethylene glycol 6000, lower the Tg of the films to a greater extent than the hydrophobic plasticizers, tributyl citrate and dibutyl sebacate, and the coatings with the hydrophilic plasticizers exhibit stronger adhesion (Entwistle & Rowe, 1979; Felton & McGinity, 1997).

The study of the influence of plasticizers on the adhesion of the acrylic polymer to either hydrophilic or hydrophobic tablet compacts revealed that increasing tablet hydrophobicity decreased adhesion of both cellulosic and acrylic polymers (Felton & McGinity, 1996, 1997; Rowe, 1977).

2.2 Factors negatively influencing the coating

Polymer-plasticizer incompatibility, plasticizer migration out of polymer (and particularly leaching of plasticizer) as well sticking and aging of the film coated dosage influence not only the mechanical properties, but also drug release (Amighi & Moes, 1996; Arwidsson et al., 1991; Bodmeier & Paeratakul, 1992; Skultety & Sims, 1987). For example, dibutyl sebacate unlike triethyl citrate was found to remain within the polymeric coating upon exposure to the dissolution media and thus mechanical properties of coatings during drug release are maintained. Leaching of triethyl citrate out of the film resulting in decreased mechanical resistances facilitates crack formation.

A blend of polymers can be used in the coating of solid dosage forms, and then the type of plasticizer must be chosen responsibly to ensure good quality of the coating. If the plasticizer has different affinities to the individual polymers forming the blend, the

plasticizer redistribution within the polymeric system during coating occurs. As an example can serve pellets coated with blends of ethyl cellulose and Eudragit® L. Dibutyl sebacate used as plasticizer of this coating shows a higher affinity to ethyl cellulose than to Eudragit® L (Lecomte et. al., 2004).

3. Free membranes

A membrane can be in the form of a free film containing the active ingredient, or it can form the outer wall of the body which is its reservoir together with other excipients. The membrane has a defined thickness; it can be porous or compact, it can contain, in addition to the active ingredient, various excipients including plasticizers. In the case of dosage forms such as buccal and sublingual films, capsules intended for oral, rectal or vaginal administration, and inserts placed into cavities, their membranes and membrane systems possess the function of (1) the primary coating increasing stability and enabling administration, (2) separation from and protection against the influence of the biological environment after administration, or (3) controlled release.

Ethyl cellulose films of standard thickness were prepared by slow evaporation of the solvent from chloroform solutions of a 48.8% ethoxylated cellulose derivative and three plasticizers: classic dibutyl sebacate, vitamin D3 and vitamin E. The individual plasticizers were used in nine different concentrations up to 80 %. It has been demonstrated that primarily α -tocopherol (vitamin E) in concentrations of 40 to 50 % is an advantageous and effective plasticizer of ethyl cellulose from the standpoint of toxicity, ultimate strength, toughness, and Young modulus (Kangarlou et al., 2008). Ethyl cellulose of the identical parameters was employed in the preparation of films using the same method, diethyl sebacate in a 40% concentration being used as the plasticizer. Chloroform was evaporated using the standard very slow evaporation procedure. A suitable velocity of stress action was found for the most conclusive stress-strain deformation diagrams (Sogol & Ismaeil, 2011).

Thin films made of poly(lactide-co-glycolide) were prepared from a dichloromethane solution with additions of 15%, 25%, or 50% polyethylene glycol 8 000 and 35 000, yielding potential implants of 40 μ m in thickness containing the antitumor drug paclitaxel. Raman spectrometry was used to demonstrate partial separation of the plasticizer (Steele et al., 2011).

Soft gelatin capsules were formed by a wall of varying thickness containing about 40 to 45 % of gelatin, which is plasticized with water 20 to 30 % and glycerol, or sorbitol 30 to 35 % (Marques et al., 2009). The plasticizer increased the flexibility of gelatin, with increasing concentration to 45 % it decreased the sensitivity to humidity, decreased the tendency to recrystallization, decreased tensile strength and the elastic modulus, increases elongation at break (Bergo & Sobral, 2007).

Protein films possess good mechanical properties, but they are very sensitive to atmospheric humidity. Their hygroscopic character can be decreased by adding a hydrophobic plasticizer. Esters derived from citric acid such as triethyl citrate, tributyl citrate, acetyl triethyl citrate and acetyl tributyl citrate were tested in various concentrations (Andreuccetti et al., 2009). Their limited miscibility with an aqueous solution of gelatin was solved by

emulsification of plasticizers with soya lecithin. The tensile stress of the material was decreased with increasing concentrations of the plasticizer, permeability of water vapours was moderately increased.

Biodegradable films were prepared from a protein isolated from sunflower oil with additions of various polyalcohols, such as glycerol, ethylene glycol, propylene glycol, polyethylene glycols. The mixture was subjected to thermo-moulding at 150 °C using 150 MPa. Tensile strength of films was 6.3 to 9.6 MPa and elongation at break was 23 to 140 %. Permeability of water vapours was low; films were resistant against aqueous environment only in a limited degree, as migration of the plasticizer took place (Orliac et al., 2003). The plasticizers used were evaluated as suitable for protein films.

4. Polymeric membranes for transdermal system

Transdermal systems are based on the adhesion of the system containing the active ingredient onto the intact skin and the transfer of the dissolved active ingredient through the skin. The limiting factor for the velocity of transdermal absorption is most frequently the thin membrane or a polymeric matrix structure. To fulfil the necessary precondition of the barrier principle as the controlling system of transdermal absorption, the velocity of permeation through the membrane or matrix must be lower than the velocity of penetration into the skin structures. Plasticizers are of extraordinary importance as they ensure not only suitable mechanical properties, in particular flexibility of the system, but also in connection with a decreased value of T_g increase the diffusivity of polymers.

In the development of a suitable membrane for transdermal use, cellulose acetate casted from a chloroform solution was used. The polymer was plasticized with dibutyl phthalate, polyethylene glycol 600 and propylene glycol in a concentration of 40 %. The prepared membranes were characterized from the standpoint of mechanical properties, transfer of water vapours and permeability of diltiazem hydrochloride and indomethacin. Permeability of the active ingredient was the highest with the use of polyethylene glycol as the plasticizer, the lowest in the case of dibutyl phthalate (Rao & Diwan, 1997). The plasticizer of membranes from cellulose acetate was poly(caprolactone triol), and the pore forming agent was water (Meier et al., 2004). On the basis of testing the permeability of paracetamol, water was demonstrated to be a suitable porosigen with a possible regulation of porosity by its concentration, the plasticizer suitably acting as the modulator of permeation of the active ingredient. A combination of these two excipients yielded the membranes whose values of the coefficients of permeation of paracetamol ranged from 10^{-7} to 10^{-5} cm s⁻¹.

The matrix system from polyvinyl acetate containing polyethylene-2 oleyl ether as the enhancer of permeation and triethyl citrate as the plasticizer resulted in a significant increase in the bioavailability of the antihistamine drug triprolidine. The effect was demonstrated after the administration of the system to the abdominal rabbit skin (Shin & Choi, 2005). Roughness, mechanical and adhesive properties of skin patch were studied. An adhesive plaster was prepared from a blend of polyvinyl alcohol and polyvinylpyrrolidone with glycerol or polyethylene glycols 200 or 400 as the plasticizers. The adhesivity of the system was ascertained only in contact with wet surfaces. Glycerol in a concentration of 10 % did not influence the very smooth texture of the surface of the plaster. The effect of the plasticizer was increased with decreasing molecular mass (Gal & Nussinovitch, 2009).

5. Matrix polymeric systems

Matrix polymeric systems are heterogeneous systems composed of a polymer, plasticizers, other additives and the active ingredient, and they can be porous. They include primarily oral preparations with prolonged or retarded release of the active ingredient, or implants produced by extrusion or hot moulding or compression.

Extrusion is a process of conversion of raw materials to form a product of a uniform shape and density by forcing it through a nozzle under controlled conditions (Breitenbach, 2002). Plasticizers facilitate the manufacture and improve the parameters of preparations such as porosity, tortuosity, mechanical resistance, diffusivity, or compatibility of the components. Hot-melt extrusion, in which it is possible to process materials with higher T_g values, is advantageous.

Due to their little volatility, the plasticizers which are in the solid state in room temperature are advantageous. For plasticization of polyacrylate polymers, e.g. matrices from Eudragit RS PO, citric acid, in particular its monohydrate, turned out to be useful. Tensile strength and the elastic modulus were decreased, whereas elongation was increased. The plasticizing effect of citric acid achieved the plateau stage at its 25% concentration in polyacrylate, i.e. when achieving the solubility value of (Schilling et al., 2007). The continuous process of extrusion and subsequent division of the extruded body into tablets was used in the formulation of enterosolvent preparations from the polyacrylate material Eudragit L100-55. Mixtures of two plasticizers, triethyl citrate and citric acid, were employed. Triethyl citrate markedly decreased the T_g value and thus decreased the temperatures in the individual zones of the extruder and the pressure during extrusion. The optimal concentration of citric acid was 17 %. 5-aminosalicylic acid was employed as the model active ingredient (Andrews et al., 2008).

Subcutaneous implants of a diameter of 1.5 mm and length of 18 mm weighing 40 mg containing thermolabile recombinant proteins and peptides were prepared from plasticized poly(lactide-co-glycolide) as the carrier and ethanol as the plasticizer (Mauriac & Marion, 2006). First, a 10% solution of the polymer in ethanol was prepared, followed by drying to achieve an ethanol concentration of 20 %. The polymer plasticized in such a way was mixed with the unplasticized one and the mixture was extruded at 75 °C. The following step was grinding of the extrudate at -5 to -10 °C with an ethanol content of 8 %. The active ingredient and other additives were added to the powder and the mixture was extruded at a temperature up to 70 °C. Another example of extremely volatile plasticizer is supercritical carbon dioxide (Lakshman, 2008). This compound is added to facilitate processing of materials by extrusion method.

Starch is the biomaterial which has excellent parameters from the standpoint of availability, price and biocompatibility. In the presence of water and suitable polar hydrophilic compatible plasticizers during extrusions at temperatures over 100 °C amylopectin flows and at the same time native starch granules partially melt. The material can have two markedly different values of T_g . Interactions between starch and plasticizers with strong hydrogen bonds (Pushpadass et al., 2008) were demonstrated in it. The use of glycerol in a concentration of 25 % and secondary plasticizers such as stearic acid, sucrose or urea in markedly lower concentrations are advantageous. It thus yields a flexible material suitable as a biodegradable drug carrier.

The matrix system containing a plasticized polymer can be also prepared by coating the pellets with a plasticized polymer and their subsequent compression to form tablets (Abdul et al., 2010). The use of a plasticizer does not require a curing step, which is heating after preparation. Pellets without a plasticizer are very brittle and break on compression. After an addition of 10 % triethyl citrate to the polymer Kollicoat SR30D (aqueous colloidal dispersion of polyvinyl acetate) the flexibility of the material was dramatically improved (Savicki & Lunio, 2005).

6. *In situ* forming implants

The classic medicated implants are the bodies of the solid state and of a defined shape, which are administered by an invasive surgical intervention into the muscular or other tissue. Their implantation requires local anaesthesia and a surgical intervention. *In situ* forming implants (ISFI) are liquid systems with a relatively low viscosity administered by an injection needle or a trocar containing a substance or several substances, which in the site of administration due to the biological environment spontaneously change its or their properties, in particular the mechanical ones. An important parameter is easy elimination capacity of systems based either on their biodegradability or slow dissolution (Hatefi & Amsden, 2002). The systems contain an active ingredient which is released from such implants in a long-term period, in the order of weeks to months. It thus enhances the effect of active ingredients, with decreased fluctuation of plasma concentrations toxicity is decreased, with decreased frequency of dosing the compliance of the patient is increased. Besides easy administration, an advantage of this relatively new dosage form is its simple manufacture. The systems find their use in human medicine, veterinary medicine (Winzenburg et al., 2004), and tissue engineering (Quaglia, 2008).

ISFI are suitable for both local and systemic administration of substances with antimicrobial activity, antitumor substances, hormones, substances interacting with the immunity system, growth factors, etc. The importance of this mode of administration will be increased with the introduction of other medicinal substances of the protein type, as the structure of the implant can protect these substances against their enzymatic decomposition.

The first system is named Atrigel Technology® and was patented in 1990 (Dunn et al., 1990; Warren et al., 2009). It is based on the administration of solutions of biodegradable polymers into the soft tissue. After administration, the water-soluble solvent is distributed into the surrounding tissue and the polymer is precipitated due to a backflow of aqueous solutions from the biological environment. The development of implants was studied *in vivo* using a non-invasive ultrasound imaging technique. The release of the active ingredient from implants has been demonstrated to be influenced not only by the composition of the surrounding pathologically changed tissue, but also by the mechanical conditions in it (Patel et al., 2010), and the process of precipitation of the polymer is considerably influenced by its molecular mass (Solorio et al., 2010). A system with continuous release of the immunoenhancer thymosin alpha 1 was constructed by dispersion of chitosan or albumin microparticles with this substance in the poly(lactide-co-glycolide) matrices dissolved in N-methyl-2-pyrrolidone. This achieved thymosin release for a period of 15 to 30 days (Liu et al., 2010).

The problem of the system Atrigel Technology® is the toxicity of solvents and a sudden initial release of a substantial part of the total dose of the contained active ingredient. In

spite of it, in praxis there are antimicrobial and hormonal preparations based on this principle. The system based on the principle of rapid precipitation of the solutions of the biotechnological copolymer PHB/PHC in different solvents was employed to formulate ISFI of the film type acting preventively against adhesions of the tissues as undesirable phenomena in post-surgical applications (Dai et al., 2009).

Other types of ISFI are three-block copolymers of ABA or BAB types based on the gelation of their solutions after administration due to increased temperatures. Oligomers composed of polyethylene glycol blocks and the blocks of polyesters of aliphatic hydroxy acids are advantageous (Quiao et al, 2007; Tang & Singh, 2009). An advantage of the system ReGel® is the absence of toxic organic solvents and a solubilizing potential of the block copolymer. In pharmacotherapeutic praxis the system ReGel® with paclitaxel called OncoGel® is employed (Matthes et al., 2007;). For some active ingredients, some polymers and some modes of administration a too intensive burst effect, changes in the velocity of release of the active ingredient, or irritability of the polymer, which in the systems is used in higher concentrations, can occur (Packhaeuser et al., 2004).

Instead of polymer solutions in hydrophilic solvents, hydrophobic solvents of lower concentrations than the polymer concentration can be employed. They are thus the plasticized polymers. The behaviour of the system after its administration into the tissue is different, the system is not distributed into the environment. The polymer and possibly the plasticizer are subject to biodegradation, the mechanism of the release of the active ingredient is due to the enzymatic or hydrolytic destruction of the implant. A sufficiently low viscosity can be achieved, besides the use of the plasticizer, by increasing the temperature of the applied system. The maximal painless temperature in humans is stated as 53 °C, the maximal tolerable temperature without necrotic changes is 60 °C (Liu & Wilson, 1998).

The flowable composition relates to a sustained released delivery system with risperidone was patented. It may be injected into the tissue whereupon it coagulates to become the solid or gel, monolithic implant (Dadey, 2010).

An in-situ-hardening paste, containing a biodegradable polymer and water soluble polymeric plasticizer was developed as delivery system for an active agent in the field of tissue regeneration. The hardened paste can be used as bone and cartilage replacement matrix (Hellebrand et. al., 2009).

The following Table 1 presents a survey of hydrophobic plasticizers suitable for ISFI.

Substance	Melting point	Boiling point	Solubility in water [%]
Benzyl alcohol	-15 °C	205 °C	4.0
Benzyl benzoate	70 °C	324 °C	1.5 x 10 ⁻⁵
Ethyl heptanoate	-66 °C	189 °C	3.0 x 10 ⁻⁴
Propylene carbonate	-55 °C	242 °C	17.5
Triacetin	3 °C	258 °C	7.0
Triethyl citrate	-55 °C	235 °C /20 kPa	6.5

Table 1. Characteristics of selected plasticizers with limited miscibility with water.

ISFI of this type use the protected name Alzamer® Depot technology (Alza Corporation) and are intended for subcutaneous administration. Thanks to the hydrophobic plasticizer, the systems possess a lower speed of degradation with a smaller burst and a slower release of the active ingredient (Matschke et al., 2002). Biocompatibility of plasticizers is higher than in the case of hydrophilic solvents. The advantage of most plasticizers of this type is their low volatility. Proteins and peptides are not dissolved in the systems, their suspensions are chemically very stable (Solanki et al., 2010). For a sufficiently decreased miscibility of ISFI of this type with the surrounding tissue liquid it is necessary to have the solubility of plasticizers in water lower than 7 % (Brodbeck et al., 2000). In situ forming thin membranes were prepared by mixing poly(lactide-co-glycolide) with 10 % polysorbate 80 as the plasticizer (Koocheki et al., 2011).

7. Plasticized polymeric microparticles

It is possible to differentiate two types of microparticles on the basis of their supramolecular texture. Microcapsules consist of a central part, which is called the core, and the peripheral part called the wall. The core contains the active ingredient; the wall is composed of the polymer. The microspheres are composed of a blend of a polymer and a suspended or dissolved active ingredient in the whole volume. The purpose of plasticization of polymers as the carriers of active ingredients in the microparticles is the modification of the kinetics of release either by changes in their hydrophilicity or lipophilicity, or a change in the T_g value, or a change in crystallinity. Release of active substances connected with these parameters of polymeric materials, and can be influenced by swelling, erosion, desorption, obstructive phenomena, osmotic phenomena, capillarity, etc.

Microspheres from the blends of hydroxypropyl methylcellulose and ethylcellulose with metoprolol were plasticized with diethyl phthalate. With increasing concentration of the active ingredient, the velocity of release was decreased. Microparticles plasticized in a 5% concentration of the hydrophobic excipient possessed the velocity of release identical with that of the non-plasticized microspheres, an increase of the concentration of the plasticizer from 15 % to 20 % resulted in a significant increase in the velocity of release (Somwanshi et al., 2011). Indomethacin-loaded microspheres from poly(methyl methacrylate) intended for oral administration were prepared. The period of release of the active ingredient from non-plasticized microparticles was 8 h. After addition of triacetin, the release lasted for 24 h. Fourier transform infrared and nuclear magnetic resonance spectra demonstrated an interaction of the hydrogen type bonds between indomethacin and the polymer. No interaction was demonstrated between triacetin and indomethacin or the polymer (Yuksel et al., 2011).

The liquid pharmaceutical formulations for oral administration with modified release of active principle, excluding amoxicillin was patented. Microcapsules prepared by microencapsulation of the active ingredient using proper polymer-plasticizer mixture were homogeneously dispersed into the external liquid phase (Castan et. al, 2011).

In the course of release, the microspheres from poly(DL-lactide) were plasticized with water from the dissolution medium. T_g values rapidly decreased. At temperatures higher than T_g a rapid erosion of microspheres occurred, whereas at lower temperatures the polymer did not change for the period of the experiment (Aso et al., 1994). The microspheres from poly(L-

lactide) and poly(lactide-co-glycolide) were obtained. After preparation using a standard solvent evaporation technique after freeze and oven drying these microparticles contained up to 3 % of water. Residual water markedly decreases T_g values according to Gordon-Taylor relationship (Passerini & Craig, 2001).

The microspheres intended for target oriented drug distribution were prepared from poly(lactic-co-glycolic acid) containing the chemotherapeutic agent etoposide in various concentrations. Plasticization with tricaprins in concentrations of 25 % and 50 % significantly increases the velocity of etoposide release in comparison with the microspheres without a plasticizer (Schaefer & Singh, 2002). The microcapsules containing the active ingredients soluble in water were prepared by the o/o/o emulsion method under the extraction of the solvent. Peanut oil was employed in the middle oily phase of multiple emulsion (Elkharraz et al., 2011). This peanut oil plasticized the internal phase containing a solution of the active ingredient and poly(DL-lactide) or poly(lactide-co-glycolide).

The velocity of release of the anticancer agent paclitaxel from poly(lactic-co-glycolic) microspheres was increased after addition of 30 % of isopropyl myristate, 70 % of the active ingredient was released within 3 weeks. After an increase in the concentration of the plasticizer to 50 % there was another increase in the velocity of the process. The plasticizer did not influence the course of degradation of polymers. Release of paclitaxel took place by the mechanism of diffusion from minimatrices (Sato et al., 1996). Analogous conclusions were published in a similar case of microspheres with etoposide (Schaefer & Singh, 2000).

In situ forming microparticle systems are based on the emulsification of the solution of the active ingredient and polymer in the outer oily or aqueous phase. After the application of the emulsion there occurs separation of the solvent to the biological environment and solidification of the system. Besides water-soluble solvents it is possible to use the more hydrophobic, in a limited degree water soluble ones, which act as plasticizers. Myotoxicity of the plasticizers of this type is lower; the following series of decreasing toxicity was found: benzylalcohol > triethyl citrate > triacetin > propylene carbonate > ethyl acetate. Myotoxicity of ethyl acetate was comparable with the isotonic sodium chloride (Rungseewijitprapa et al., 2008).

8. Bioadhesive plasticized polymers

Plasticized polymers play an unsubstitutable role in the formulation of the bioadhesive drug delivery systems (BDDS). Bioadhesive polymers have been formulated into tablets, patches, or microparticles, typically as a matrix into which the drug is dispersed, or as a barrier through which the drug diffuses (Ahuja et al., 1997).

In most instances bioadhesive formulations are preferred over the conventional dosage forms, because bioadhesion allows the retention of the active substance in the place of application, or even absorption, and thus increases transmucosal fluxes. As mostly the hepatic first-pass metabolism is avoided, drug bioavailability may be enhanced. Target sites for bioadhesive drug delivery include the eye, GIT, oral cavity, nasal cavity, vagina, and cervix. The development of the adhesive dosage forms for controlled drug delivery to or via mucous membranes is of interest with regard to local drug therapy, as well the systemic administration of peptides and other drugs poorly absorbable from the gastrointestinal

tract. There is an important difference between the technical adhesion and bioadhesion; it is the presence of water, which is necessary for bioadhesion but impedes most technical applications.

Similar to the plasticization mechanism also the mechanism of bioadhesion is usually analysed based on the polymer chains attractive and repulsive forces. Generally, bioadhesion is regarded as a two-step process. The first step is considered to be an interfacial phenomenon influenced by the surface energy effects and spreading process; a second step involves chain entanglement across a large distance, i.e. polymer chains show interdiffusion. Plasticizers can significantly influence both of these mentioned steps.

According to the wetting theory of bioadhesion (Smart, 2005), there is a significant effect of the viscosity of the plasticized polymer on adhesivity. A plasticized polymer due to a lower viscosity has a higher ability to spread onto a surface as a prerequisite for the development of adhesion.

The plasticizer reduces the aggregation process caused by the intermolecular attraction of the polymer, and it results in an increase in bioadhesiveness. The strength of bioadhesion should be sufficient, but not so sharp as to damage the biological tissue in the application site. The molecular weight, solubility parameter and concentration of the plasticizers used play an significant role. Further, a lower molecular weight or a higher concentration of plasticizers might lead to a greater plasticizing action (Qussi, & Suess, 2006).

Since the strength of adhesion is dependent on the number and type of interfacial interactions, different polymers and the way of their plasticization will exhibit different adhesive properties depending on both the chemical structure and physico-chemical properties of the polymer, as well the plasticizer used. Many approved pharmaceutical excipients, which are well known and widely used, possess bioadhesive properties and are the first choice candidates for the formulation of bioadhesive preparations particularly due to easier registration.

Bioadhesive materials are generally hydrophilic macromolecular compounds that contain numerous hydrogen bond forming groups, notably carboxyl, hydroxyl, amide and amine groups, and will hydrate and swell when placed in contact with an aqueous solution. Most often these materials need to hydrate to become adhesive but overhydration usually results in the formation of a slippery mucilage and loss of the adhesive properties (Peppas & Sahlin, 1996). The invention provides mucoadhesive bioerodible, water soluble carriers for ocular delivery of pharmaceuticals for either systemic or local therapy (Warren et al., 2008).

Plasticizer efficiency in bio/mucoadhesion is negatively influenced by inducing of the drug-polymer interactions. In this case, the drug in BDDS is not only the active ingredient but represents an antiplasticizing additive responsible for the lowering of the adhesion strength.

The triacetin-plasticized Eudragit E can serve as a film-forming material for the self-adhesive drug-loaded film for transdermal application of piroxicam. Piroxicam did not represent only a simple model drug, it acts as an additive by molecularly dispersing it in the Eudragit E film. Drug-polymer interaction occurring between piroxicam and the Eudragit E film might be responsible for a decrease in adhesion strength.

In order to improve the flexibility and adhesiveness of the drug-loaded Eudragit E film plasticized with triacetin, secondary plasticizer can be supplemented. Polyethylene glycol 200, propylene glycol, diethyl phthalate, and oleic acid can serve as the secondary plasticizer to improve adhesion (Lin, et al., 1991, 1995).

The adhesive properties were revealed in plasticized star-like branched terpolymers of dipentaerythritol, D,L-lactic acid and glycolic acids, where dipentaerythritol in concentration 3 %, 5 % , or 8 % as the branching agent was used in the synthesis by polycondensation. The common plasticizer, triethyl citrate, as well the non-traditional plasticizers methyl salicylate, ethyl salicylate, hexyl salicylate, and ethyl pyruvate were used (Fig. 1). These multifunctional plasticizers can serve not only as plasticizers, but potentially pharmacodynamic efficient ingredients.

Presently, there is still no universal test method for bioadhesion measurement. Tensile testing systems are the most widely used in-vitro method for assessing the strength of the bioadhesive interactions. The instrumental variables such as contact force, contact time and speed of withdrawal of probe from the substrate can affect the results of the adhesion measurements.

The adhesiveness of the plasticized branched oligoesters was measured as the maximal force needed for the detachment of the adhesive material from the substrate, using the material testing machine Zwick/Roel T1-FR050TH.A1K (Snejdrova & Dittrich, 2009). The porcine stomach mucin gel served as a model substrate. All the plasticizers used provide high effectiveness in viscosity lowering, and thus a perfect spreading of the adhesive material on the contact surface as the prerequisite for good adhesion. Sufficient bioadhesion force was revealed in the wide range of dynamic viscosity (Fig. 2) (Snejdrova & Dittrich, 2008).

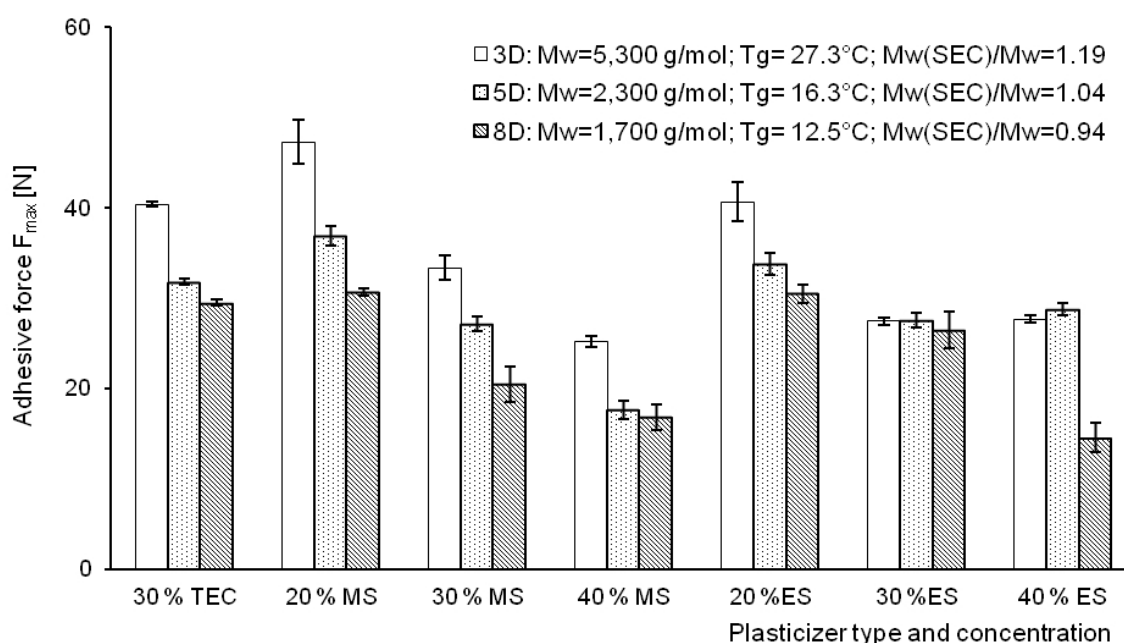


Fig. 1. Adhesiveness of branched oligoester carriers of the drug influenced by plasticizer type and concentration: triethyl citrate (TEC), methyl salicylate (MS), ethyl salicylate (ES).

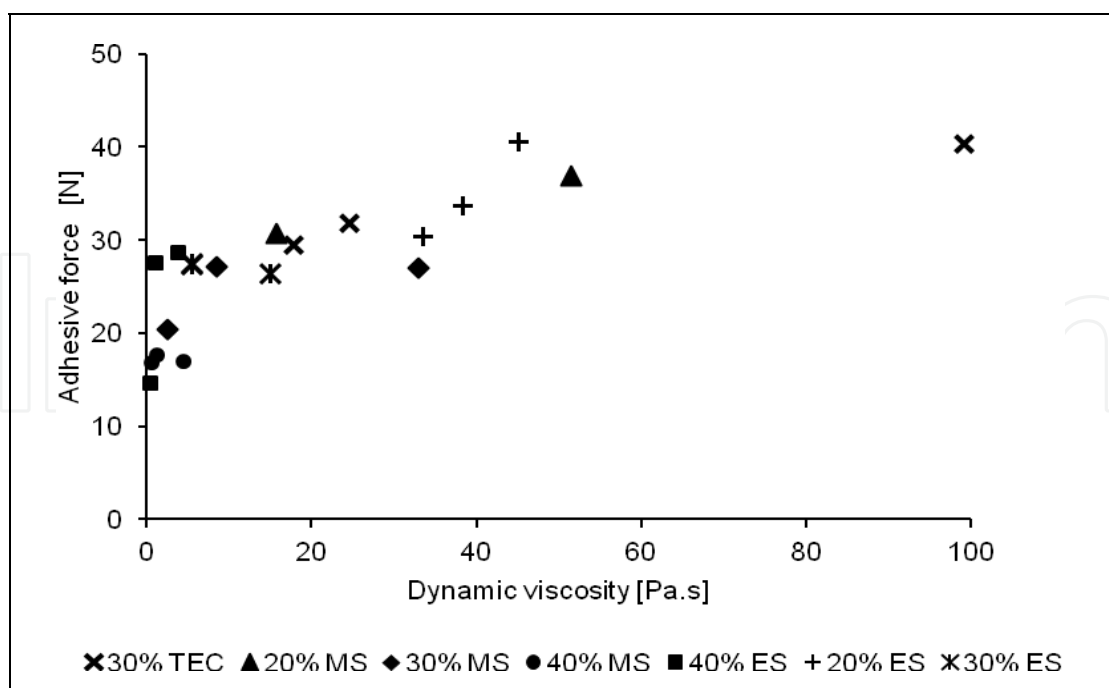


Fig. 2. Relation between viscosity and adhesivity of the branched oligoester carriers plasticized by various type and concentration of the plasticizers (triethyl citrate (TEC), methyl salicylate (MS), ethyl salicylate (ES)).

9. Conclusion

The plasticization of polymers used in pharmaceutical technology can solve a lot of problems during the dosage forms formulation and can improve the quality of the final polymeric drug delivery system. The processing disadvantages can be thus overcome, or even a new technology can be enabled. The products of new quality are obtained by film coating of tablet with the thin layer of a plasticized polymer. The conventional film coating polymers mask the unpleasant organoleptic qualities of drug incorporated within the solid dosage form and protect the active drug substance from exposure to light, atmospheric moisture and oxygen. The functional coating polymers are used to modify the drug release profile, including the delayed release and sustained release. The membranes plasticized with suitable additive reaches the optimal parameters of permeability combined with the required drug release profile. Thanks to significant decrease of viscosity using the plasticizers, the *in situ* forming implants can be formulated and administered by an injection needle or a trocar. Multiparticulate dosage forms after incorporation of the proper plasticizer dispose of increased bioavailability.

Plasticized polymers play the unsubstitutable role in the formulation of the bioadhesive drug delivery systems. The adhesive properties were revealed in plasticized star-like branched terpolymers of dipentaerythritol, D,L-lactic acid and glycolic acid. The multifunctional plasticizers methyl salicylate, ethyl salicylate, hexyl salicylate, and ethyl pyruvate can serve not only as plasticizers, but potentially also as pharmacodynamic efficient ingredients. In accordance with the spreading theory of bioadhesion, the decrease in viscosity resulted in improving of the bioadhesivity after addition of these plasticizers.

Pharmaceutically used polymer	Plasticizer	Applied as
Cellulose nitrate („collodion”)	castor oil	historically the first plasticized polymer used as a medicinal preparation (wounds covering)
PVC	di(2-ethylhexyl) phthalate, diisononyl phthalate, diisodecyl phthalate, epoxidized triglyceride, vegetable oils from soybean oil, linseed oil, castor oil, sunflower oil, fatty acid esters	medical devices (bags, catheters, gloves, intravenous fluid containers, blood bags, medical tubings)
Ethyl cellulose	dibutyl sebacate	coatings free membranes
Cellulose acetate	dibutyl phthalate, PEG 600, propylene glycol, poly(caprolactone triol)	polymeric membranes for transdermal system
Blends of hydroxypropyl methylcellulose and ethylcellulose	diethyl phthalate	microparticles
Cellulose acetate phthalate Cellulose acetate trimellitate Hydroxypropyl methylcellulose phthalate Polyvinyl acetate phthalate Shellac	triacetin, acetylated monoglyceride, diethyl phthalate	enteric or colonic drug delivery
Hydroxypropyl methylcellulose acetate succinate	triethyl citrate, triacetin, acetyltriethyl citrate	press-coated tablets for colon targeting
Blends of ethyl cellulose and Eudragit® L	dibutyl sebacate	enteric film coatings
Chitosan salts (chloride, lactate, gluconate)	glycerol, ethylenglycol, propylenglycol, PEGs	free membrane
Blend of native rice starch and chitosan	sorbitol, glycerol, PEG 400	free membrane
Thermoplastic starch Amylose Cassava starch	polyhydric alcohols (glycerol, xylitol, sorbitol), secondary plasticizers (stearic acid, sucrose, urea)	polymeric matrices
Gelatin	glycerol, sorbitol, mannitol, sucrose, citric acid, tartaric acid, maleic acid, PEGs	free membranes

Pharmaceutically used polymer	Plasticizer	Applied as
Whey protein Sunflower protein	triethyl citrate, tributyl citrate, acetyl triethyl citrate, acetyl tributyl citrate, glycerol, ethylene glycol, propylene glycol, PEGs	particulate systems
Poly(lactic acid) Poly(lactide-co-glycolide)	oligoesters or low-molecular polyesters, polyesteramides, PEGs, polypropylene glycol, blend of triacetin and oligomeric poly(1,3-butanediol), active ingredients (ibuprofen, theophylline, salts of metoprolol and chlorpheniramine), ethanol, polysorbate 80, water, tricaprin, peanut oil, isopropyl myristate	free membranes polymeric matrices <i>in situ</i> forming systems microparticles
Star-like branched terpolymers of dipentaerythritol, D,L-lactic acid and glycolic acids	triethyl citrate, methyl salicylate, ethyl salicylate, hexyl salicylate, ethyl pyruvate	bioadhesive drug delivery systems
Copolymers of methacrylate esters ammoniated (Eudragit® E grades)	tributyl citrate, triacetin, PEG 200, secondary plasticizer (propylene glycol, diethyl phthalate, oleic acid)	moisture protection and odor/taste masking coatings bioadhesive drug delivery systems
Copolymers of ethyl acrylate and methyl methacrylate (Eudragit® RL and RS grades)	water (relative humidity), citric acid monohydrate, active ingredients (metoprolol tartrate, chlorpheniramine maleate), auxiliary compounds (surfactants, preservatives- methylparaben, solvents, cosolvents, desolvating and coacervating agents)	time-controlled drug release polymeric matrices
Poly(methyl methacrylate)	Triacetin, supercritical carbon dioxide, dibutyl phthalate	microparticles intraocular lenses hard contact lenses
Blend of polyvinyl alcohol and polyvinylpyrrolidon	glycerol, PEG 200 or 400	polymeric membranes for transdermal system
Kollicoat SR30D (aqueous colloidal dispersion of PVA)	triethyl citrate	polymeric matrices
Various non-soluble polymers	benzyl alcohol, benzyl benzoate, ethyl heptanoate, propylene carbonate, triacetin, triethyl citrate	<i>in situ</i> implants

Table 2. List of plasticized polymers reviewed in presented chapter.

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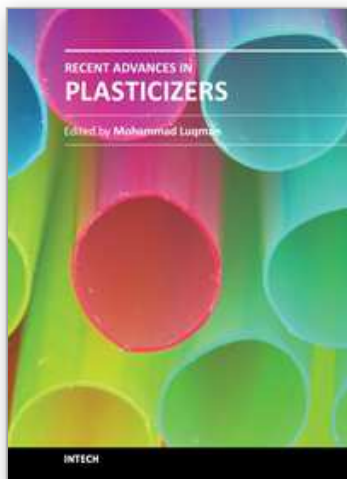
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